


YEAR- 2017-18
PART B: OUTREACH ACTIVITIES

Content page

A	Summary of the Outreach activities			Page 2 to 3
B	Reports of the Outreach activities classified as under			
S. No.	Centre/ Department Reference to data template in Excel sheet	Activity code* as in the reports and Excel	Number of activities	Page number for reports in this document
1.	National Service Scheme (NSS)	2017-18 OR 551 to 556	6	4
2.	Centre for Substance Abuse Prevention	2017-18 OR 557 to 564	8	34
3.	Rural Health Care and Development Centre (RHCDC)	2017-18 OR 565 to 572	8	42
4.	Community Medicine	2017-18 OR 573 to 611	40	50
5.	Oncology	2017-18OR 612 to 614	3	107
6.	Yenepoya Nursing College	2017-18 OR 615 to 634	20	110
7.	Yenepoya Medical College Hospital	2017-18 OR 635 to 638	4	133
8.	Family Adoption Program	2016-17 OR 639 to 642	4	137
	Total	2016-17 OR 551 to 642	93	4 to 140

* Please note: EXT: Extension activity and OR: Outreach activity

ATTESTED


Dr. Gangadhara Somayaji K S
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore 575 018, Karnataka.

SUMMARY

I. National Service Scheme



The NSS units of the constituent colleges of Yenepoya (deemed to be University) regularly conduct awareness programs to inculcate social responsibility among the student volunteers. Some examples include vigilance awareness week, integrity pledge, drug abuse awareness and the Cancer Awareness Outreach Program (CAOP) involving students in large numbers to participate in social and environmental centric activities.

II. Centre for Substance Abuse Prevention



The Centre for Substance Abuse Prevention conducts awareness programs to sensitize students of various colleges and Schools about the harmful effects of tobacco and other harmful substances. The programs are conducted in collaboration with governmental and non-governmental schools and colleges to benefit their students.

III. Rural Health Care and Development Centre

Apart from healthcare activities, RHDC conducts health awareness programs on tuberculosis and cervical cancers, observation of important days like women's day, and substance abuse prevention. The target groups include patients in TB hospitals, general public and school children.

IV. Department of Community Medicine

The Department of Community Medicine has conducted awareness programs with active students' participation for health and environmental issues for school children and residents of rural areas. The broad areas covered are HIV/AIDS, vector-borne diseases like malaria and dengue, health education, environmental awareness like cleanliness drive, pulse polio monitoring, nutrition and food habits, care of pregnant women, and baseline survey of *Unnath Bharath Abhiyan*. These activities are conducted in collaboration with schools, Anganwadi centres and primary health centres, in line with the national programs "*Swacch Bharath Abhiyan*" and "*Unnath Bharath Abhiyan*".

V. Department of Preventive Oncology

Apart from the cancer screening programs, the Department of Preventive Oncology also conducts awareness programs during which screening also is conducted by various specialists. These camps are conducted in Mangalore and surrounding districts in collaboration with non-governmental agencies and schools.

ATTESTED

Dr. Gangadhara Somayaji K S
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore 575 010, Karnataka.

VI. Yenepoya Nursing College

Yenepoya Nursing College is active in conducting awareness programs through community engagement and radio-talks in association radio channels to observe health awareness days in accordance with WHO and Government of India recommendations.

The topics covered include awareness about breast-feeding, Alzheimer's disease, diabetes, thyroid disorders, teeth hygiene, nutrition, cervical cancer, psychological and psychiatric illnesses, cardiac disorders, personal hygiene, environmental cleanliness, etc. School children, patients, local residents of rural areas and general public are the targets.

VII. Yenepoya Medical College Hospital

The Department of Pediatrics conducts ORS day and World Breast feeding day, Children's day, etc. as outreach activities over and above the clinical care provided to patients.

The Ophthalmology department observes National Eye Donation Fortnight annually with involvement of the students and faculty to promote awareness about eye donation and corneal blindness.

VIII. Family adoption program



Family adoption scheme involves active participation of the medical and dental undergraduate students and postgraduates under the guidance of teaching faculty and medical officers. The program is beneficial to both the residents of the villages by providing them continuing healthcare services and at the same time providing experiential learning for the students in their outreach activities

ATTESTED

Dr. Gangadhara Somayaji KS
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore 575 016, Karnataka.


Reports follow:

Name of the Department /College – National Service Scheme

**REPORT ON CANCER AWARENESS OUTREACH PROGRAMME
“WORLD CANCER DAY”**

Sl.No	CONTENT	DETAILS	
1.	Title	Cancer Awareness Outreach Program–“World Cancer Day”	
2.	Theme /Scheme from the govt.	Awareness Program	
3.	Organizing department/s and committees	National service Scheme, Yenepoya University	
4.	Program schedule, Date and Time	04.02.2018 to 06.02.2018	
5.	Number of Participants break up	Teachers	15
		Students	100 NSS Volunteers
		Beneficiaries (Public)	50
		Others	4
		Total	169


 Programme Co-ordinator
 National Service Scheme

ATTESTED

 Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka



YENEPOYA UNIVERSITY
(Recognized under section 3 of the U.C.A. Act, 1956)
 Approved by MCA, Govt. of Karnataka

National Service Scheme Yenepoya University



WORLD CANCER DAY PROGRAMME HELD ON 04-02- 2018 TO 6-02-2018; VENUE: PANAMBUR BEACH AND YENEPOYA UNIVERSITY

National Service Scheme, Yenepoya Deemed to be University observed World Cancer Day from 04.02.2018 to 06.02.2018. As a part of this Programme NSS unit of Yenepoya University and Community Dentistry, Cancer Awareness Outreach Programme unit, Staff and Students held various activities like, Street play and awareness talk on Early Detection of Breast Cervical and Oral Cancers, Free oral checkups, camp cancer prevention Rally walk at Panambur Beach Around Students and public participated in the Programme.

Cancer Awareness Outreach Programme – World Cancer Day

- Dr. M Vijayakumar, vice chancellor Yenepoya University Inaugurated and flag offed the rally.
- Registrar, Dr.G Shreekumar Menon Dr.B.H Sripathi Rao Dean Yenepoya Dental College, Prof.Padmakumar Dean Yenepoya Physiotherapy college, Dr.Mohammed Gulzar Dean Yenepoya Pharmacy College and Dr.Abhay Nirgude, Professor and HOD Community Medicine, were the guest for the programme.
- Dr. Guruprasad Medicine Oncologist, Dr. Ashwini Shetty NSS Programme Coordinator and Dr Imran Pasha NSS Programme officer had given talk on “**Early Detection of Cervical Breast and Oral Cancers**” for the public. Dr. Asif and Dr. Jobin NSS Programme Officers were present in the programme.
- Students of MBBS and BDS 2017 batch hosted the programme

CANCER PREVENTION AWARENESS RALLY

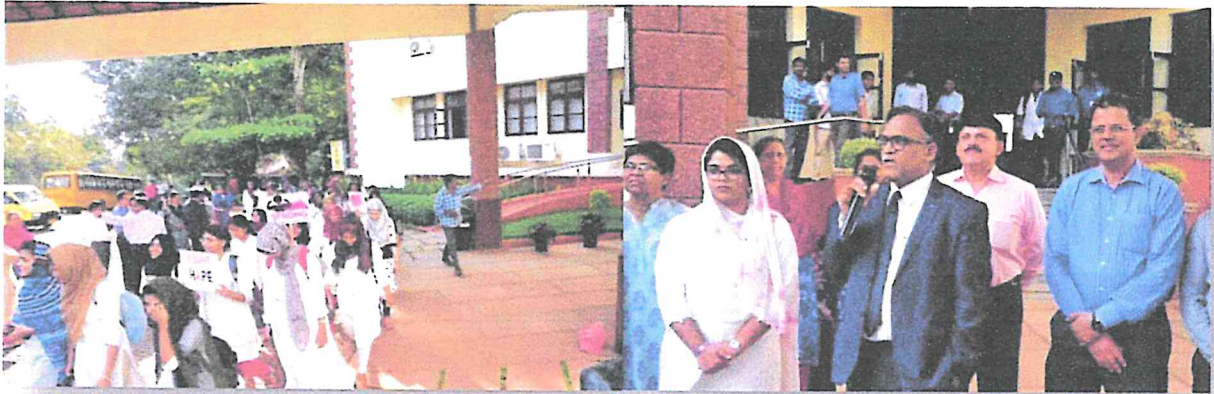


ATTESTED

Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Derlakatte
 Mangalore- 575 018, Karnataka

(Signature)
 Registrar
 Yenepoya University
 University Road, Derlakatte
 Mangalore- 575 018

(Signature)
 Programme Co-ordinator
 National Service Scheme



DRUG ABUSE AWARENESS PROGRAM – HELD ON 04.02.2018 IN PANAMBUR BEACH MANGALORE



CANCER AWARENESS OUTREACH PROGRAMME HELD IN PANAMBUR ON 06.02.2018



ATTESTED

Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka


 Registrar
 Yenepoya University
 University Road, Deralakatte


 Programme Co-ordinator
 National Service Scheme



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Accredited by NAAC with "A" Grade

National Service Scheme Yenepoya University



29/1/18
Acad
Yenepoya University

Date: 29-01-18

from

Dr. Ashwini S Shetty
NSS Coordinator
Yenepoya University

Office of the Registrar Yenepoya University
No. 7629
Date 30/01/18

To

The Registrar
Yenepoya University

Dear Sir,

Sub: Regarding Organizing World Cancer Day

NSS unit of Yenepoya Medical College and Yenepoya Dental College, CAOP Unit and Community Dentistry and Yen Onco center are observing **WORLD CANCER DAY** on 4/02/2018 at Panambur Beach 3pm to 6pm. Students of Yenepoya Medical College Yenepoya Dental College participating in this programme. So I kindly request you to grant us the permission for the same.

Programme Organized at Beach are:-

1. Awareness talk by the CAOP Team
2. Walk for cancer prevention by NSS volunteers
3. Flash mob by the Students.
4. Skit by the students.
5. Oral screening for the public (by community dentistry, YDC)

REQUIREMENT:

- 4 buses for Students
- 1 light vehicle for Staff
- LCD Projector with screen.

Thanking You

Yours Sincerely,

Ashwini Shetty
Dr. Ashwini Shetty

NSS Coordinator

Attested

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Yenepoya
Mangalore- 575001



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UNIVERSITY
(Recognized under sec 3(A) of the UGC Act, 1956)
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National Service Scheme Yenepoya University



Recognized under Sec 3(A) of the UGC Act 1956 as per Notification No. F.9-11/2007-U.3 (A) dated 27th February 2008

Ref: No. YU/REG/ACA/NISS/03/2018

03.02.2018

Dr. Ashvini S Shetty,
NISS Coordinator

Sub: Permission to organize World Cancer Day on 04.02.2018

Ref: Your Letter dated 29.01.2018

Permission is herewith granted for your proposal to observe World Cancer Day on 04.02.2018 at Panambur Beach from 03.00 pm to 06.00 pm for the students YDC & YMC. On this occasion the following programmes will be organized.

1. Awareness talk by the CAOP Team
2. Walk for cancer prevention by NSS volunteers
3. Flash mob by the students
4. Skit by the students
5. Oral screening for the public (by Community Dentistry, YDC)

Sanction is accorded for the following logistics for the programme.

1. 4 buses for students
2. 1 light vehicle for staff
3. LCD Projectors with screen


(Dr. G. Shreekumar Menon)
REGISTRAR

Copy to:

1. The Principal, YMC/YDC
2. Finance Officer
3. Dy. Director, IT Section
4. PRO
5. Academic Section


ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Name of the Department /College – National Service Scheme

REPORT ON ARMED FORCE FLAG DAY

Sl.No	CONTENT	DETAILS	
1.	Title	ARMED FORCE FLAG DAY	
2.	Theme /Scheme from the govt.	UGC Program & Youth Empowerment and Sports Government of Karnataka	
3.	Organizing department/s and committees	National service Scheme, Yenepoya University	
4.	Program schedule, Date and Time	06.12.2017	
5.	Guests(if applicable)	Mr. Brigadier Roy and Col Bhandary	
6.	Number of Participants break up	Teachers	5
		Students	100 NSS Volunteers
		Beneficiaries	5
		Others	2
		Total	112


 Programme Co-ordinator
 National Service Scheme

ATTESTED

 Dr. Gangadhara Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Derlakatte
 Mangalore- 575 018, Karnataka



National Service Scheme

ARMED FORCE FLAG DAY HELD ON 06.12.2017

National service Scheme Yenepoya University had organized Armed Force Flag Day on 6th December 2017 at Indoor auditorium from 11.00 to 1.00pm. Dr. Pracheth Programme Officer welcomed the gathering .Programme Inaugurated by the chief guest Brigadier Roy and Col. Bhanadary, was the guest of honour & Dr. G. Shreekumar Menon delivered presidential address. Around 10 EX Service men from Mangalore were felicitated by the NSS Yenepoya Deemed to be University Brigadier Rai spoke on his past experience in his field and motivated students to serve for armed force. He has also enlightened them by giving introduction to the job opportunities at Armed force. Col Bhandary delivered talk on significance of the Flag Day to the NSS Volunteers and said it is to remember the sacrifice of these selfless **martyrs**, warriors and their kin that Flag Day is observed every year on December 7. Based on the belief that it is the duty of every Indian to look after the wellbeing of those who have sacrificed their lives for the nation, Flag Day is an opportunity for every Indian citizen to contribute most generously to the Armed Forces Flag Day Fund.

He also presented video of Kargil for the students. Around 400 NSS Volunteers PG and UG students and staff and other officials of the university participated in this programme. Programme concluded by national anthem. Dr. Ashwini Shetty Programme Coordinator and Mr. Jobin Programme officer Campus Officer Capt Mahesh Nayak coordinated the programme. Dr. Amin wani Chief operating officer YMCH, Dr. Moosabba, Prof Padmakumar Dean YPC were present on stage.



ATTESTED

Dr. Pracheth

Registrar
YENEPLOYA
(Deemed to be University)

Dr. Ashwini Shetty

Programme Co-ordinator, NSS
Yenepoya deemed to be University



National Service Scheme



Recognized under Sec 3(A) of the UGC Act 1956 as per Notification No. F.9-11/2007-U.3 (A) dated 27th February 2008
Ref: No. YU/REG/ACA/Armed Force/2017

Dr. Ashwini S Shetty, NSS Coordinator
Campus Officer

27.12.2017

Sub: Permission to organize Armed Force Day on 27.12.2017

Ref: Your Letter dated 22.12.2017 Dr. Ashwini S. Shetty, NSS Coordinator and email dated 21st December 2017 from the Campus Officer

Post-facto permission is accorded to organize Armed Force Day on 27th December 2017 from 10.00 a.m. to 1.00p.m. at EMD Building, YMC/H. Brigadier Rai and Coln Bhandary, accompanied by the veterans are Chief guests for the programme.

Sanction is accorded for the following:-

1. Technical Assistance
2. Photography and video
3. Transport
4. Lunch for 20 members
5. Memento and shawl for felicitation

You are requested to submit a report on the conduct of the Programme with photograph within a week's time for our records.

(Dr. G. Shreekumar Menon)
REGISTRAR

Copy to:

1. Finance officer
2. PRO
3. Supdt. (Transport)
4. MD, Food Craft, (with a request to make necessary arrangement for Lunch)
5. PA to Vice-Chancellor/PA to Registrar
6. Academic Section

ATTACHED

kg soman

Registrar

mail sent 28/12/2017

Anil


Name of the Department /College – National Service Scheme

REPORT ON INTER STATE YOUTH EXCHANGE PROGRAMME

Sl.No	CONTENT	DETAILS	
1.	Title	Inter State Youth Exchange Program	
2.	Theme /Scheme from the govt.	Nehru Yuva Kendra Mangalore	
3.	Organizing department/s and committees	Nehru Yuva Kendra Mangalore in association with National service Scheme, Yenepoya University	
4.	Program schedule, Date and Time	03.12.2017 to 06.12.2017	
5.	Number of Participants break up	Teachers	5
		Students	10 NSS Volunteers
		Beneficiaries	51 youth from Uttarakhand
		Others	2
		Total	68


 Programme Co-ordinator
 National Service Scheme

ATTESTED


 Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deratakotte
 Mangalore- 575 018, Karnataka



National Service Scheme

INTER STATE YOUTH EXCHANGE PROGRAMME REPORT HELD ON 03.12.2017 – 06.12.2017

Nehru Yuva Kendra Mangaluru in association with National Service Scheme Yenepoya Deemed to be University organised “**Inter State Youth Exchange Programme**” on 03.12.2017 – 06.12.2017 at Yenepoya University campus. It was a different experience for 51 youths of Uttarakhand who were on an “**Inter State Youth Exchange Programme**” under the initiative of “**Ek Bharath Shreshtha Bharath**” of Nehru Yuva Kendra sanghatan in Karnataka and Govt of India.

- ❖ The skyscrapers of Bengaluru and Mangaluru and the palace and KRS dam in Mysuru, beaches and Kambala in Mangaluru and travel by train covering six states gave them a different experience all together.
- ❖ Speaking at an interaction with media persons here at Mangalore Vibhu Krishna from Almora District of Uttarakhand said that Uttarakhand is a hilly area with extreme cold weather throughout the year. We were excited to get a glimpse of beaches in Mangaluru.
- ❖ A journey by train too has been a new experience. A visit to Bengaluru looked like we are visiting a new country,
- ❖ We loved Kambala in Mangaluru instead of Roti and Dal, and we have started liking idly, Sambar Dosa and Vada.
- ❖ **They said “The Youth Exchange Programme”** has helped us to show case the rich heritage and culture, customs and traditions of the state enabling people to understand and appreciated the diversity of India.
- ❖ They are stating that there are no job opportunities in Uttarakhand. She said that there are ample opportunities in Karnataka. The Youth clubs in Dakshina Kannada are over 50 years old while in our state it’s hardly four to five years old. Because of the industries in the region the youth clubs get CSR funds to sustain as well. Further, Gram Panchayat buildings in Dakshina Kannada have good buildings, which is absent in our native,
- ❖ She said that Uttarakhand lags behind sector as well. People have to travel for a long distance to avail health care facilities.

ATTESTED

NSS Activities - 2015-2020

Dr. Gangula
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

REGISTERED
YENEPOYA
(Deemed to be University)

Programme Co-ordinator, NSS
Yenepoya deemed to be University

Page 44



National Service Scheme

- ❖ For CS Danu, the people of Mangaluru are friendly and cooperative as they attempted to converse with them in Hindi unlike other South Indian states like Tamil Nadu. He felt that corruption is rampant in Gram Panchayats in Uttarakhand.
- ❖ For Rachana, “The weather in Mangaluru made her wonder how she will survive with this humidity. Now she is adjusted to it. People respect each other in Mangaluru, which they liked a lot”.

WHY THIS PROGRAMME ORGANIZED?

TO PROMOTE LEARNING

Nehru Yuva Kendra coordinator and NSS Coordinator Dr. Ashwini Shetty said to the media that 50 youth from Karnataka will leave for Uttarakhand on December - 25. The Youths from Nainital, Uttarakashi Alamora and pauri Garhwal are attending this exchange programme. The exchange programme is being organised to create an environment which promotes learning between states by sharing best practices and experiences. Through this innovative measure, the knowledge of culture, tradition and union territories will lead to an enhanced understanding and bonding between that states, thereby strengthening the unity and integrity of India. Students from Uttarkhand had hands on experience at Yenepoya deemed to be University on Basic Life Support. Mr. Arun and Dr. Meghna Mukund coordinators of the ACTS YEN explained the youths the facilities there and about their regular training programmes.

As part of the Exchange Programme the Youths from Uttarakhand interacted with Yuvaka Sangha, Thokur Vidya Vinayaka Yuvaka Mandala, haleyangady, Yuvaka Mandala, Sasihithu, Sasihithu NMPT, and MRPL interacted with students of Govinda Dasa PU College, Yenepoya university and Mangala Grameena Youth Club Konage. They also interacted with Sanooru GP members visited Thousand Pillar Basadi, Gomateshwara Gudde, Attur Church, Syed Madani Daargh, Gokamanatha Temple, and St Aloysius Chapel and Youths also interacted with Vice Chancellor of Yenepoya Deemed to be University. They interacted with youths of Yenepoya University related to education, courses offered at university, about the climate, Enviornmentment, culture tradition of Mangalore.

ATTESTED

Dr. Gangadhara Somayaji R.S.
Registrar

[Signature]
Programme Co-ordinator, NSS

NSS Activities – 2015-2020
Dr.Gangadhara Somayaji R.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

YENEPOYA
(Deemed to be University)

Programme Co-ordinator, NSS
Yenepoya deemed to be University



National Service Scheme



ATTESTED

ks Somayaj

Ana

Dr. Gangappa Somayaj
NSS Activities - 2015-2020
Yenepeya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

Registrar
YENEPEYA
(Deemed to be University)

Programme Co-ordinator, NSS
Yenepeya deemed to be University



National Service Scheme

Felicitation to the NSS Coordinator by Nehru Yuva Kendra Sangatan Ministry of Youth Affairs and Sports, Govt of Karnataka held on 25.11.2017



ATTESTED

Dr. Gangadhara Somayaji K.S.

Registrar

YenePOYA NSS Activities - 2015-2020
YenePOYA University Road, Mangalore- 575 010, Karnataka

YENEPOYA
(Deemed to be University)

Programme Co-ordinator, NSS
YenePOYA deemed to be University



National Service Scheme



Govt. of India

नेहरु युवा केन्द्र संगठन NEHRU YUVA KENDRA SANGATHAN

युवा कार्यक्रम एवं खेल मंत्रालय

Ministry of Youth Affairs and Sports

भारत सरकार
SD/KAR/JSYEP/17-18/

Government of India.

November-7, 2017

The Registrar,
Yenepoya University,
Mangalore.

Sir,

Sub: Organizing Inter State Youth Exchange Programme under 'Ek Bharath Shreshtha Bharath Scheme' by Nehru Yuva Kendra Sangathan, Bangalore.

Nehru Yuva Kendra Sangathan, Ministry of Youth Affairs & Sports, Government of India is organizing the Inter State Youth Exchange Programme under 'Ek Bharath Shreshtha Bharath Scheme' in all the States and UTs for 15 days involving 100 participants. The programme will be very useful to link various States and Districts that will connect people through exchanges in areas of culture, tourism, language, education, trade etc., and citizens will be able to experience the cultural diversity of a much larger number of State/UTs while realizing that India is one.

NYKS is organizing the programme from 25.11.2017 to 09.11.2017 involving 100 young participants from Dehradun, Uttarkhand and Karnataka.

We propose to take **50 participants from Uttarakhand on an exposure tour to Mangalore from 03.12.2017 to 06.12.2017**, during which they will be interacting with the local Youth, exposure will be given on the rich cultural heritage and advancements taking place in Mangalore and will be taken on a local exposure visit.

We seek simple Boarding and Lodging facility for these 50 participants in Mangalore for the above dates from Youth Esteemed Institution, and an Auditorium wherein these 50 Youth can interact with 50 Youth from your esteemed institution.

Expecting your kind favorable action.

Thanking you,

Yours faithfully,

(S. SATHEESE)
STATE DIRECTOR-KARNATAKA

मुख्यालय : कोर-4, 11 मंजिल, स्कोप मिनार ट्विन टवर कॉम्प्लेक्स लक्ष्मी नगर डिस्ट्रिक्ट सेंटर, दिल्ली - 110 092. दूरभाष : 011-22446070, फैक्स : 22446069
H.O.: Core -4, Second Floor, Scope Minar Twin Tower Complex, Laxmi Nagar District Centre, Delhi - 110 092. Gen: 011-22446070, Fax: 011-22446069
मंडल निदेशक कार्यालय : नं. 942, 42 क्रॉस, 3 ब्लॉक, राजाजीनगर, बंगलूर - 560 010. दूरभाष : 080-23117787, फैक्स : 23117789
Zonal Office: No. 942, 42nd Cross, 3rd Block, Rajajinagar, Bangalore - 560 010. Ph.: 080-23117787, Fax: 23117789.
E-mail: zdkar@rediffmail.com Website: www.nyks.org

ATTESTED

Dr. Ganesh S. Samavali
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

YENEPOYA
(Deemed to be University)

Programme Co-ordinator
Yenepoya deemed to be University



National Service Scheme



YENEPOYA
UNIVERSITY

Recognition under Sec. 3(A) of the UGC Act 1956 as per notification Approval No. 11-2557 (U-31A) dated 27-12-2008

Accredited by NAAC with 'A' Grade

YU-REG-BCA-NSSS-2017

UB-11-2017

Mr. S. Sathesh
State Director - KARNATAKA
National Yuva Kendra Sangathan
Zonal Office No. 942, 42nd Cross,
3rd Block, Rajajinagar
Bangalore-560019

Dear Sir,

With reference to your letter dated above, Yenepoya University is pleased to permit you to bring 50 participants from Karnataka on an excursion tour to Mangalore from 03.12.2017 to 06.12.2017.

For your letter No. SP/KAR/NSR/17 is dated 01.12.17.

With reference to your letter dated above, Yenepoya University is pleased to permit you to bring 50 participants from Karnataka on an excursion tour to Mangalore from 03.12.2017 to 06.12.2017.

Dr. Ashwini Shetty, NSS Co-ordinator, Yenepoya University, shall be accompanying the team during the visit and shall organize the programme from university side. Arrangements to be done in this regard may please be communicated through Dr. Ashwini. A brief report may be submitted to this office and wide publicity may be given in print and electronic media for the event.

Thanking you,

S. Sathesh

S. Sathesh Menon
Registrar

Copy to:

1. Dr. Ashwini Shetty, NSS Co-ordinator, to submit a draft budget/requirement in this regard.
2. 402 - for making necessary administrative arrangements.
3. Accounts Section.

University Road, Deralakatte, Mangaluru - 575 018

Tel: +91 824 220 4675 / 4666 / 4569 / 6671 / 2192 / 2193 F: +91 824 220 4667 E: reactus@yenepoya.org
www.yenepoya.edu.in

ATTESTED

Dr. Gangadhara Somayaji

Dr. Ashwini Shetty

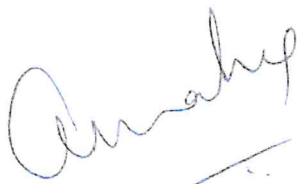
NSS Activities - 2015-2020
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

Programme Co-ordinator, NSS
Yenepoya deemed to be University

Name of the Department /College – National Service Scheme

REPORT ON SELF DEFENCE PROGRAMME

Sl.No	CONTENT	DETAILS	
1.	Title	Self Defense Program	
2.	Theme /Scheme from the govt.	Training on Self defense Techniques	
3.	Organizing department/s and committees	National service Scheme, Yenepoya University	
4.	Program schedule, Date and Time	04.12.2017	
5.	Number of Participants break up	Teachers	3
		Students	100 NSS Volunteers
		Beneficiaries	10
		Others	2
		Total	115



Programme Co-ordinator
National Service Scheme

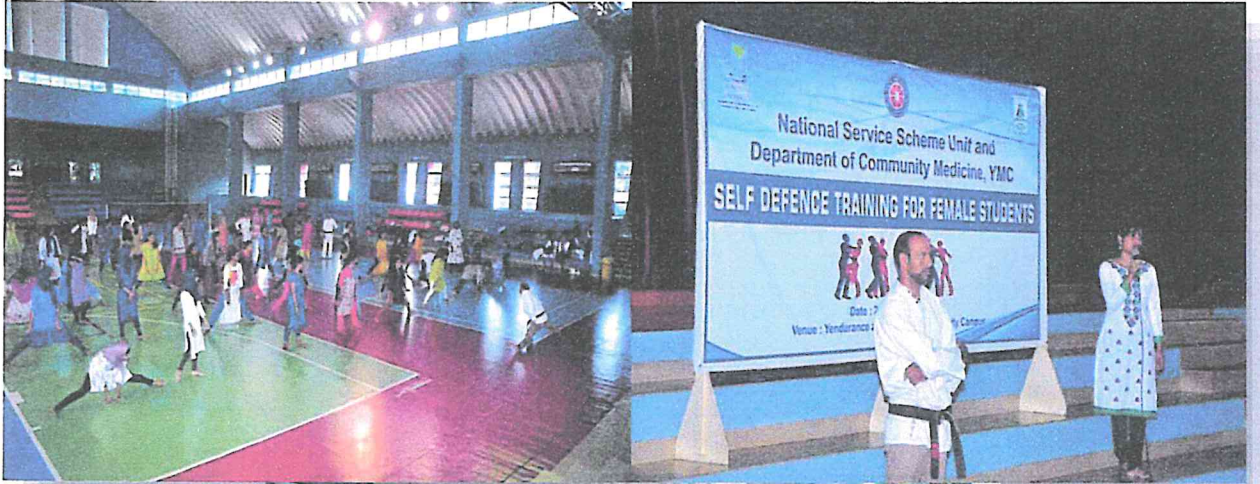
ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka



National Service Scheme

SELF DEFENCE PROGRAMME HELD ON 04.12.2017



ATTESTED

Registrar

Dr. G...
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Programme Co-ordinator, NSS
Yenepoya deemed to be University



National Service Scheme

ಯುಪಿಎಚ್‌ಸಿ | ೨೫/೧೨/೨೦೧೭

NSS

Office of the Principal
 Yenepoya Medical College
 No.: 3075
 Received on: 2/12/17
 Despatched on: 2/12/17

30/11/2017

To,
 The Registrar,
 Yenepoya University, Mangaluru-575018

Through Principal/ Dean, YMC

Respected Sir,

Subject: Report of the training on Self Defense for the female students of 6th and 7th Term MBBS on 25/11/2017.

On your directions, the NSS unit of Yenepoya Medical College in association with Department of Community Medicine organized the training on Self Defense Techniques on 25/11/2017 between 3 pm and 5pm at Yendurance zone, Yenepoya University campus. Around 80 female students from the 6th and 7th term MBBS participated in the training. Mr. Nadeem, a black belt Karate Master trained the students in the self defense techniques. The programme was well appreciated by the students and many were willing to take up a formal course in future. Dr Navya N, Assistant Professor, Community Medicine coordinated the conduct of the programme.

There was also a sensitization session on "Gender sensitization" for the male students of 6th and 7th term MBBS during the same period. About 50 students participated in this session. This session was conducted by Dr Varun N and Dr Madhavi Bhargava, Assistant Professors in Community Medicine.

Dr Akshaya KM, NSS Programme Officer and Associate Professor, Community Medicine and Dr Ashwini Shetty, NSS coordinator, Yenepoya University organized the programmes.

Thanks and Regards,

[Signature]
 Dr Akshaya KM
 NSS Programme Officer
 Yenepoya Medical College
 Deralakatte, Mangalore
 DEPT. of COMMUNITY MEDICINE
 YENEPOYA MEDICAL COLLEGE
 Deralakatte, Mangalore-575018

[Signature]
 Dr Ashwini Shetty
 Programme Co-ordinator
 National Service Scheme

Forwarded
 in original to
 Registrar
 PRINCIPAL
 YENEPOYA MEDICAL COLLEGE
 Deralakatte
 30/11/17

ATTESTED

[Signature]
 Registrar
 YENEPOYA
 (Deemed to be University)

[Signature]
 Programme Co-ordinator, NSS
 Yenepoya deemed to be University


Name of the Department /College – National Service Scheme


REPORT ON INTERNATIONAL YOUTH FESTIVAL KARNAL HARIYANA

Sl.No	CONTENT	DETAILS	
1.	Title	International Youth Festival Karnal Hariyana	
2.	Theme /Scheme from the govt.	NIFAA – National Integrated forum of Artists and activists	
3.	Organizing department/s and committees	NIFAA – National Integrated forum of Artists and activists	
4.	Program schedule, Date and Time	21.10.2017 to 29.10.2017	
5.	Speaker (if applicable)	-	
6.	Guests(if applicable)	-	
7.	Number of Participants break up	Teachers	2
		Students	17 NSS Volunteers
		Beneficiaries	50
		Others	
		Total	69


Programme Co-ordinator
National Service Scheme

ATTESTED


Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka


 Registrar
 Yenepoya University
 University Road, Deralakatte
 Mangalore - 575 018

**INTERNATIONAL YOUTH FESTIVAL AT HARIYANA HELD ON 21.10.2017 TO
29.10.2017**

**Report of the International Youth Conference Harmony 2017 – Participated by the
Yenepoya University NSS Students team**

A 17 member team from Yenepoya University (YDC and YPC), representing Karnataka, comprising of PG & Interns from YPC and YDC attended the Harmony 2017, International Youth & Cultural festival in Karnal, Haryana from 21st Oct – 29th Oct 2017. This programme was sponsored and conducted by NIFAA, The National Integrated Forum for Artists & Activists. Around 5000 National & International artists participated in the mega event at the main venue in Karnal, Haryana.

The YU team was accompanied by Mrs. Sunita Prabhu, Student Welfare Officer and Dr. Ashwini S Shetty, NSS Coordinator who was also an Invited as guest speaker at International Youth Conference and gave a talk on Youth Thrust on drug free India.

Total 30 Students represented from Karnataka State Out of which 12 students from various universities of Bangalore and 17 students from Yenepoya University. Its proud moment for the students to represent from our university to this event.

Students also participated in the sessions on

- Role of youth in politics-insight by young parliamentarians
- Skill India-small scale to MNC-How to become successful entrepreneur
- Fight against corruption
- Swatch Bharath Abhiyan-A movement to make India Clean
- Ring the bell for gender equality and women empowerment
- Youth Thrust for drug free society
- Inclusion of Underprivileged and children with disabilities -Challenges and concern
- Digital India-Young India
- Youth Connection –Be together forever



Registrar
Yenepoya University
University Road, Deralakatte
Mangalore-575 018

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Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka

Programme Co-ordinator
National Service Scheme

Students also had opportunity to visit Ayush Expo, International tourism expo, Agricultural Technologies implements and rice expo, and international craft mela –rich showcase of regional and international craft and traditions.

The team from YU was representing the state of Karnataka, and therefore performed the ‘Kamsale’ folk dance popular in Kollegal, Nanjangudu and Bengaluru Taluks. It is a highly energetic and acrobatic dance form with songs sung in praise of Lord Shiva. It derives its name from the Brass cymbals (Kamsale in Kannada) that clang rhythmically to the upbeat tempo of the song. The performance of our students was highly appreciated and very well received by the audience.

International teams from Fiji, New Zealand, Japan, Russia etc performed their folk dances and enthralled the audience. There were superb performances by teams representing all the states and Union Territories of India. Students had opportunity to interact with International Delegates. A local sightseeing trip to the land of the Mahabharata, Kurukshetra was also organized by the people of NIFAA. The mega event concluded on the 29th October with the valedictory function. The students found this experience to be really good ,exciting and totally new and unexpected as this was the first time they had an opportunity to mingle , interact and exchange views and ideas with like minded youth from across India and the World . Such interactions should be strongly encouraged in the future also, so that the students get a different perspective of things and a chance to greatly enhance their life skills.



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Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka



Yenepoya University Students with the Delegates from Russia, Japan, Newzeland



Yenepoya Students Team-Cultural Performance

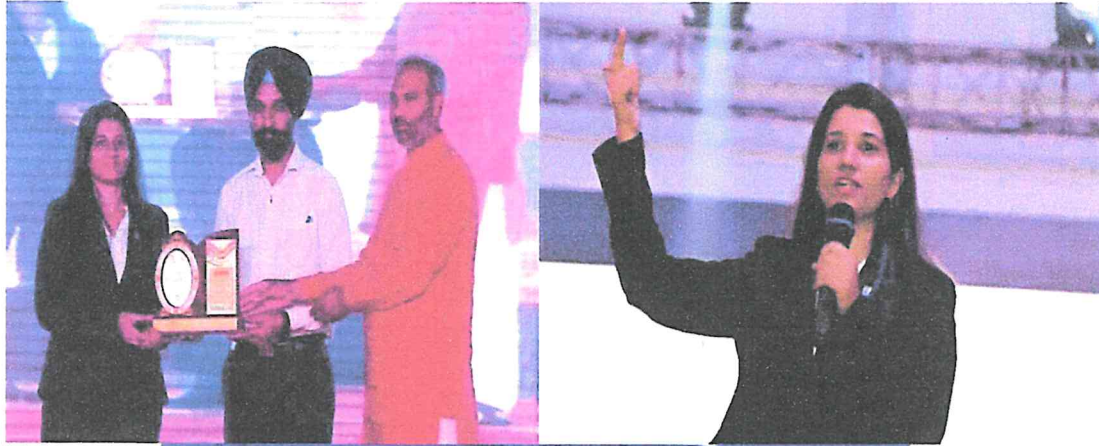


Students with Governor of Himachal Prad

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Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka



NSS Coordinator Dr. Ashwini. S. Shetty Delivering Talk on Youth Thrust for Drug Free India



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Dr. Gangadhara Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Deralakatta
 Mangalore- 575 018, Karnataka



Unity in Diversity, 4500 Students from 29 States and 4 Countries Participated In Harmony 2017



NSS Volunteers from the University Representing Karnataka State for the International Youth Festival Held At Karnal Hariyana

[Handwritten Signature]

The Registrar
 Yenepoya University
 University Road, Deralakatte
 Mangalore-575 018

ATTESTED

Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya/Deemed to be University
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka

[Handwritten Signature]

Programme Co-ordinator
 National Service Scheme



**YENEPOYA
UNIVERSITY**
(Recognized under sec 3(A) of the UGC Act, 1956)
Accredited by NAAC with 'A' Grade

National Service Scheme Yenepoya University



Recognized under Sec 3(A) of the UGC Act 1956 as per Notification No. F.9-11/2007-U.3 (A) dated 27th February 2008
Ref: No. YU/REG/ACA/Cultural Festival/2017 10.10.2017

Dr. Ashwini S Shetty
NSS Coordinator
NSS Programme

Sub: Harmony 2017, International Cultural Festival on 21.10.2017 at Alpha
International City, Karnal, Hariyana

Ref: Your Letter dated 04.10.2017

Permission is accorded for the participation of the following students at the Harmony.
International Cultural Festivals to be held from 21st to 29th October 2017 at Alpha
International City, Karnal, Hariyana.

No.	Sl.	Name	College
1.		Mr. Ajmal K.T	Yenepoya Dental college
2.		Mr. Shajaham V	Yenepoya Dental college
3.		Mr. Muhammed Rameez	Yenepoya Dental college
4.		Mr. Farhaan B	Yenepoya Dental college
5.		Mr. Arshad T.	Yenepoya Dental college
6.		Mr. Mahir Aboobakkar	Yenepoya Dental college
7.		Mr. Moideen Shahinsha	Yenepoya Dental college
8.		Mr. Naeem	Yenepoya Dental college
9.		Mr. Andrew Banu	Yenepoya Dental college
10.		Mr. Mohmed Suhail	Yenepoya Dental college
11.		Ms. Minnu Jose	Yenepoya Physiotherapy College
12.		Ms. Sheethal	Yenepoya Physiotherapy College
13.		Ms. Shifali	Yenepoya Physiotherapy College
14.		Mr. Nizamuddeen	Yenepoya Physiotherapy College
15.		Mr. Muhammed Jabeer	Yenepoya Physiotherapy College
16.		Mr. Yasir	Yenepoya Physiotherapy College
17.		Mr. Farheed Mohammed	Yenepoya Physiotherapy College

The students will be accompanied by the following officials of the University during their visit.

1. Dr. Ashwini Shetty, NSS Coordinator
2. Mrs. Sunita Prabha, Student Welfare Officer

The officials will be treated as on duty during the period i.e., from the date of departure on 17th October 2017 till their return on 2nd November 2017.

The Postgraduate students/ Interns may be given attendance from 17th October to 2nd November 2017.

(Dr. G. Shree Kumar Menon)
REGISTRAR

Copy to:

1. Principal -YDC/YPC
2. Mrs. Sunita Prabha, Student Welfare Officer
3. Estt. Section

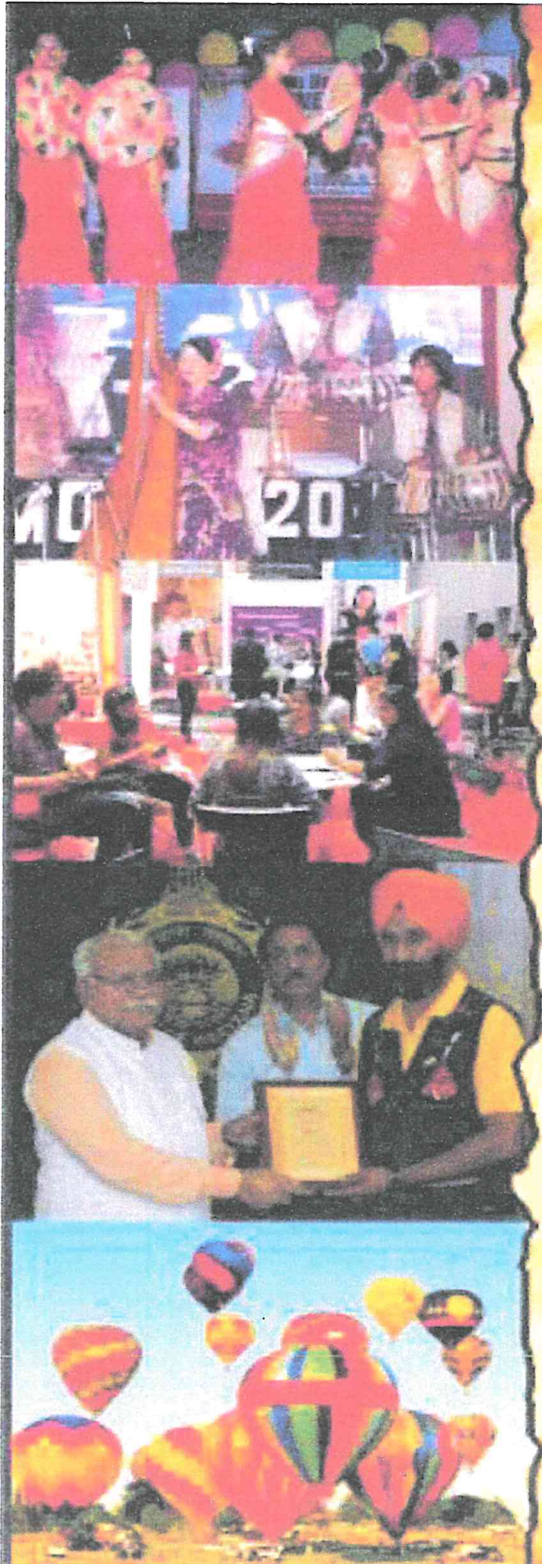
ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka



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National Service Scheme Yenepoya University



TRANSFORMING HARYANA - PROGRESSING HARYANA

Harmony 2017

*Confluence of Crafts, Culture
Cuisine & Youth Activities*

21st - 29th October 2017
5.30 pm to 10.00 pm

Venue:



Alpha International
City, Karnal
Sector 28-29

Special Passions for

- ◆ International Tourism
- ◆ International Craft
- ◆ Ayush ◆ Agriculture
- ◆ Education ◆ Government Schemes & Achievements

An initiative since 2007 by

NIFAA

National Integrated Forum
of Artists and Activists

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore-575 018, Karnataka

Name of the Department /College – National Service Scheme

REPORT ON ADVENTURE CAMP –RIVER RAFTING TRAINING FOR VOLUNTEERS

SLNo	CONTENT	DETAILS	
1.	Title	Adventure Camp –River Rafting Training for Volunteers	
2.	Theme /Scheme from the govt.	Ministry of Youth Affairs and Sports Government of India	
3.	Organizing department/s and committees	Ministry of Youth Affairs and Sports Government of India with National Service Scheme Government of Karnataka	
4.	Program schedule, Date and Time	01.10.2017	
5.	Speaker (if applicable)	-	
6.	Guests(if applicable)	-	
7.	Number of Participants break up	Teachers	1
		Students	12 NSS Volunteers
		Beneficiaries	30
		Others	
		Total	43

Analyt
Programme Co-ordinator
National Service Scheme

ATTESTED
[Signature]
Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka

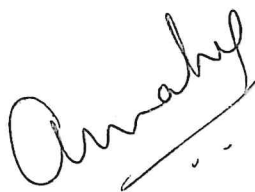
[Signature]
Registrar
Yenepoya University
 University Road, Deralakatte
 Mangalore - 575 018

ADVENTURE CAMP HELD ON 01.10.2017




 Registrar
 Yenepoya University
 University Road, Deralakatte
 Mangalore - 575 018


ATTESTED


 Dr. Gangadhara Somayaji K.S. Programme Co-ordinator
 Registrar
 Yenepoya (Deemed to be University) National Service Scheme
 University Road, Deralakatte
 Mangalore - 575 018, Karnataka



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National Service Scheme Yenepoya University



National Service Scheme
Yenepoya University

To
The Dean
Yenepoya Medical College

Date: 30.08.2017

Sub: Regarding Deputation of NSS Volunteers for the NSS Camp held at BARPOLE
South Coorg
Letter dated 2017/18/189 by the ministry of Youth affairs and sports, Govt of Karnataka

Dear Sir,

With reference to the above subject As per the request by the Govt of Karnataka, we are requesting you to depute below mentioned 4 NSS Volunteers for the NSS camp held at Barpole, South Coorg from 31.08.2017 to 2.09.2017. NSS Coordinator will be accompanying the student for all the three days. I have also enclosed the parents consent. I request you to give us the permission for the same

Yours Sincerely


Programme Co-ordinator
National Service Scheme
Dr. Ashwini Shetty

Students Participating in the camp:

Ms Ramya ^{Xi} ~~Ramesh~~ 2014 batch MBBS

Ms. Anusha 2014 batch MBBS

Ms. Shilpa 2014 batch MBBS

Ms. Sameeksha 2014 batch MBBS


Staff Incharge: Dr Ashwini S Shetty NSS Coordinator.

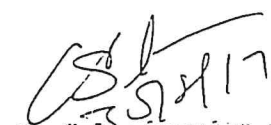
Enclosure: Attached letter from Ministry of Youth Affair and Sports


Permission Letter from the parents

Inform the Registrar and get their permission


30/8/17
PRINCIPAL
YENEPOYA MEDICAL COLLEGE
MANGALORE.


30/8


Dr. G. Gangadhara Somayaji
Registrar
Yenepoya University
MANGALORE


ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatta
Mangalore- 575 018, Karnataka



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National Service Scheme Yenepoya University



ಕರ್ನಾಟಕ ಸರ್ಕಾರ
 ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾ ಕೋಶ,
 ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ.

*Letter from
 Minister of Youth
 Govt of Karnataka*

ಸಂಖ್ಯೆ:ಯು.ಸಿ.ಇ/ತಾ.ಸೇ.ಯೋಜ/ಸಮಸ/೨೦೧೭-೧೮/೧೮೯

ಕರ್ನಾಟಕ ಸರ್ಕಾರದ ಸಚಿವಾಲಯ,
 ಬಹುಮಹಡಿ ಕಟ್ಟಡ,
 ಬೆಂಗಳೂರು, ದಿನಾಂಕ: ೧೬.೦೮.೨೦೧೭

ಇವರಿಗೆ:

ಯೋಜನೆ ಮತ್ತು ನಿರ್ವಹಣಾಧಿಕಾರಿಗಳು,
 ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ, ಮಂಗಳೂರು/ ನಿಟ್ಟೇ/ ಯೋಜನಾ ಮತ್ತು ಸೂಚನೆ/ ಮೈಸೂರು/
 ಬಿ.ಎನ್.ಎಸ್. ವಿಶ್ವವಿದ್ಯಾನಿಲಯಗಳು/ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ/ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ/
 ಮಾನ್ಯರೇ.

ವಿಷಯ: ಎನ್.ಎಸ್.ಎಸ್. ಸ್ವಯಂಸೇವಕರಿಗೆ ಸಾಹಸ ತರಬೇತಿಯ ನಡವಳಿ ಬಗ್ಗೆ.
 ಉಲ್ಲೇಖ: ೧) ಸರ್ಕಾರದಿಂದ ಸಂಖ್ಯೆ:ಯು.ಸಿ.ಇ/ತಾ.ಸೇ.ಯೋಜ/೨೦೧೭-೧೮/೧೮೯, ಬೆಂಗಳೂರು,
 ದಿನಾಂಕ ೧೯.೦೮.೨೦೧೭.

೨) ಜನರಲ್ ತರಬೇತಿ ಮತ್ತು ಯೋಜನಾ ಸಾಹಸ ಅಧಿಕಾರಿ, ಬೆಂಗಳೂರು ಇವರ ಪತ್ರ
 ಸಂಖ್ಯೆ:ಬಿ.ಸಿ.ಇ/೨೦/ತಾ.ಸೇ.ಯೋಜ/೨೦೧೭-೧೮ ದಿನಾಂಕ ೦೯.೦೮.೨೦೧೭

ಮೇಲಿನ ವಿಷಯ ಮತ್ತು ಉಲ್ಲೇಖಕ್ಕೆ ಸಂಬಂಧಿಸಿದಂತೆ, ಜನರಲ್ ತರಬೇತಿ ಮತ್ತು ಯೋಜನಾ ಸಾಹಸ ಅಧಿಕಾರಿ, ಬೆಂಗಳೂರು ಹಾಗೂ
 ರಾಜ್ಯ ಎನ್.ಎಸ್.ಎಸ್. ಕೋಶ ಇವರ ಸಂಯುಕ್ತ ಆದೇಶದಲ್ಲಿ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾ ಸ್ವಯಂಸೇವಕರಿಗೆ ೨ ದಿನಗಳ ಸಾಹಸ ತರಬೇತಿ
 ಆಯೋಜಿಸಿದ್ದು ವಿವರಗಳು ಕೆಳಕಂಡಂತಿವೆ:

Sl.No.	Place	Activities	Date
01.	Bargpole, South Coorg	River rafting	21-23.08.2017
02.	Bargpole, South Coorg	River rafting	28-30.8.2017
03.	Bargpole, South Coorg	River rafting	31.8.2017 -02.09.2017

ಈ ಕೆಳಕಂಡ ವಿಶ್ವವಿದ್ಯಾನಿಲಯ/ನಿರ್ದೇಶನಾಲಯಗಳಿಂದ ಪತ್ರ ವ್ಯಾಪ್ತಿಯಲ್ಲಿ ಬರುವ ಚಿತ್ರಗಳಿಂದ ಸ್ವಯಂಸೇವಕ/ಸೇವಕಿಯರನ್ನು
 ಕಳುಹಿಸಿಕೊಡಲು ಕೋರಲಾಗಿದೆ. ಸಾಧ್ಯವಾದಷ್ಟು ತ್ವರಿತವಾಗಿ ಪತ್ರಕ್ಕೆ ಸಂಖ್ಯೆ:ಯು.ಸಿ.ಇ/ತಾ.ಸೇ.ಯೋಜ/೨೦೧೭-೧೮/೧೮೯, ಬೆಂಗಳೂರು,
 ದಿನಾಂಕ ೧೯.೦೮.೨೦೧೭.

ಕ್ರ.ಸಂ.	ವಿಶ್ವವಿದ್ಯಾನಿಲಯ/ ನಿರ್ದೇಶನಾಲಯ	ಜಿಲ್ಲೆ	ಸ್ವಯಂಸೇವಕ/ ಸೇವಕಿಯರು	ಕಾರ್ಯಕ್ರಮ ಆಧೀನಗಳು
೦೧.	ಮಂಗಳೂರು	ಮಂಗಳೂರು	೦೬	೦೧
		ಉಡುಪಿ	೦೨	
		ಕೊಡಗು	೦೨	
೦೨	ಯೋಜನಾ ಮತ್ತು	ಮಂಗಳೂರು	೦೨	
೦೩	ನಿಟ್ಟೇ	ಮಂಗಳೂರು	೦೬	೦೧
೦೪.	ಮೈಸೂರು	ಮೈಸೂರು	೦೬	
		ಹಾಸನ	೦೨	
		ಮೈಸೂರು	೦೬	
೦೫.	ಬಿ.ಎನ್.ಎಸ್.	ಬೆಂಗಳೂರು	೦೨	
೦೬.	ಕುವೆಂಪು ವಿವಿ.	ಮಂಗಳೂರು	೦೨	
೦೭	ಪದವಿ ಪೂರ್ವ ಶಿಕ್ಷಣ	ಮೈಸೂರು	೦೨	
೦೮	ತಾಂತ್ರಿಕ ಶಿಕ್ಷಣ ಇಲಾಖೆ	ಮಂಗಳೂರು	೦೨	
		ಮೈಸೂರು	೦೨	

ದಾಖಲಾತಿ ಅರ್ಜಿ, ಚೆಕ್ ಲಿಸ್ಟ್ ಮತ್ತು ಸಂಪರ್ಕದೊಂದಿಗೆ ಸಂಖ್ಯೆಗಳನ್ನು ಈ ಪತ್ರಕ್ಕೆ ಲಗತ್ತಿಸಿ. ವಿವರಗಳಿಗೆ ತ್ರಿ: ಎಂ.ಸಿ.ರಮೇಶ್
 ಉಪನಿರ್ದೇಶಕರು, ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ, ಬೆಂಗಳೂರು ಪೊಚ್ಚೆಲ್ ಸಂಖ್ಯೆ: ೯೪೮೦೮೮೮೩೨೯ ಇವರನ್ನು
 ಸಂಪರ್ಕಿಸಬಹುದಾಗಿದೆ.

ತಮ್ಮ ವಿಶ್ವಾಸಿ,
Chetty
 (ಹಾಗೂ ಸಾಧಕ ಶಿಕ್ಷಕಿ).
 ರಾಜ್ಯ ಎನ್.ಎಸ್.ಎಸ್. ಅಧಿಕಾರಿ ಹಾಗೂ ಪದವಿ ಮತ್ತು
 ಸರ್ಕಾರದ ಜಂಟಿ ಕಾರ್ಯದರ್ಶಿ,
 ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನಾ ಕೋಶ,
 ಯುವ ಸಬಲೀಕರಣ ಮತ್ತು ಕ್ರೀಡಾ ಇಲಾಖೆ.

ATTESTED
[Signature]

Dr. Gangadhara Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Derlakatte
 Mangalore- 575 018, Karnataka


CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 557

Report on awareness camp

Department	Centre for Substance Abuse Prevention Department of Community Health Nursing, Yenepoya Nursing College
Collaborators	Shree Narayan Guru First Grade College, Kudroli
Name of the program	Harmful effects of tobacco & substance abuse
Nature of the program	Awareness programme
Theme of the program	Prevention of use of substances of abuse and its consequences
Date	22-08-2017 (Tuesday)
Venue	Shree Narayan Guru College, Kudroli
No of delegates/ participants	200 students
Chief guest/ Resource person	Dr. Pracheth R, Assistant Professor, department of Community Medicine & Dr. Pallavi Sabarad, Assistant Professor, department of Oral Pathology & Microbiology
Activities/ Event	Talk with powerpoint & video presentation giving the message on harmful effects of tobacco, substance abuse
Number of teachers	2
	

1

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


 Deputy Director
CENTRE FOR SUBSTANCE ABUSE PREVENTION
 Deputy Director
 Centre for Substance Abuse Prevention



CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 558

Report on awareness camp

Department	Centre for Substance Abuse Prevention, YDC, YU, Department of community health nursing, Yenepoya Nursing College
Collaborators	Bantwal Sangabettu
Name of the program	Harmful effects of tobacco & substance abuse
Nature of the program	Awareness programme
Theme of the program	Prevention of use of substances of abuse and its consequences
Date	24-09-2017 (Sunday)
Venue	Bantwal Sangabettu
No of delegates/ participants	31 People
Chief guest/ Resource person	Dr. Rekha Shenoy, Reader, Department of Public Health Dentistry, Dr. Chethana P Post Graduate, Department of Oral Pathology, YDC and Mr. Bharath Kumar YDC
Activities/ Event	Talk with PowerPoint & video presentation giving the message on harmful effects of tobacco, substance abuse
Number of teachers	1 Dr. Rekha Shenoy, Reader
Number of students	1 Dr. Chethana P Post Graduate
	

2

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

Deputy Director
CENTRE FOR SUBSTANCE ABUSE PREVENTION
Deputy-Director
Centre for Substance Abuse Prevention



CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



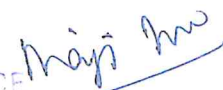
2017-18 OR 559

Report on awareness camp

Department	Centre for Substance Abuse Prevention, Department of Community Health Nursing, Yenepoya Nursing College
Collaborators	Anjuman Education Trust, Jokatte
Name of the program	Harmful effects of tobacco & substance abuse
Nature of the program	Awareness programme
Theme of the program	Prevention of use of substances of abuse and its consequences
Date	08-10-2017(Sunday)
Venue	Anjuman Education Trust, Jokatte
No of delegates/ participants	31 People
Chief guest/ Resource person	Dr.Sherin Mathew, Post Graduate, Department of Oral Pathology, YDC and Mr. BharathKumar YDC
3 Activities/ Event	Talk with powerpoint & video presentation giving the message on harmful effects of tobacco, substance abuse
Number of students	1 Dr.Sherin Mathew, Post Graduate
	

ATTESTED 

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Deputy Director
CENTRE FOR SUBSTANCE
ABUSE PREVENTION 
Deputy Director
Centre for Substance Abuse Prevention



CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 560

Report on awareness camp

Department	Centre for Substance Abuse Prevention
Collaborators	Vishwamangala School, Konaje
Name of the program	Anti Tobacco Awareness program for the students of Vishwamangala School, Konaje
Nature of the program	Awareness program
Theme of the program	Anti-tobacco drive
Date	10-11-2017 (Friday)
Venue	Vishwamangala School, Konaje
No of delegates/ participants	193 School students & 3 Teachers
Chief guest/ Resource person	
Activities/ Event	<p>Dr. Vishnudas Prabhu, Deputy Director, Center for Substance Abuse Prevention and Professor and HOD Department of Oral Pathology & Microbiology, YDC, Dr. Pracheth R, Senior Lecturer, Community Medicine, YMCH, Dr. Rekha Sasikumar Post Graduate, Oral Pathology & Microbiology and Mr. Bharath Kumar, Dental Co-ordinator , YDC, participated in the program. Awareness program consisted of the following: Talk & Video presentation by Dr. Pracheth R, giving the message on harmful effects of tobacco, Video on effects of tobacco use presented by Dr. Rekha Sasikumar. Oath read by Dr. Shamina.</p>
Number of teachers	4 (Faculty & Non-Teaching Staff)
Number of students	1 Dr. Rekha Sasikumar Post Graduate, Department of Oral Pathology & Microbiology, YDC
	

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Deputy Director
CENTRE FOR SUBSTANCE
ABUSE PREVENTION
Deputy Director
Mojji
Centre for Substance Abuse Prevention



CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 561

Report on awareness camp

Department	Centre for Substance Abuse Prevention, Department of Community Health Nursing, Yenepoya Nursing College
Collaborators	Dakshina Kannada Zilla Panchayath Higher Primary School, Guttakadu, Kinnigoli
Name of the program	Awareness on harmful effects of tobacco & substance abuse
Nature of the program	Awareness programme
Theme of the program	Prevention of use of substances of abuse and its consequences
Date	21-11-2017(Tuesday)
Venue	Guttakadu, Kinnigoli
No of delegates/ participants	59 People
Chief guest/ Resource person	Dr. Imran Pasha, Senior Lecturer, Public Health Dentistry, Dr. Dhanesh Narayanan, Post Graduate, Oral Pathology, and Mr. Bharath Kumar
Activities/ Event	Talk with PowerPoint & video presentation giving the message on harmful effects of tobacco, substance abuse
Number of teachers	1 Dr. Imran Pasha, Senior Lecturer
Number of students	1 Dr. Dhanesh Narayanan, Post Graduate
	

ATTACHED

Deputy Director
CENTRE FOR SUBSTANCE ABUSE PREVENTION
Deputy Director
Centre for Substance Abuse Prevention

Anjy Jhu

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 562

Report on awareness camp

Department	Centre for Substance Abuse Prevention
Collaborators	Bantwala Karpe
Name of the program	Anti tobacco awareness program
Nature of the program	Awareness program
Theme of the program	Prevention of tobacco abuse
Date	04-02-2018 (Sunday)
Venue	BantwalaK arpe
No of delegates/ participants	25 people
Chief guest/ Resource person	Dr. Rishna K, Post Graduate, Oral Pathology and Mr. Bharath Kumar
Activities/ Event	
<p>Centre for Substance Abuse Prevention has organized anti-tobacco awareness program for the people of BantwalaKarpe on 04-02-2018. Around 25 people were participated in this program. Dr. Rishna K, Post Graduate, Oral Pathology and Mr. Bharath Kumar, were present during the program. Awareness program consisted of the following: Talk & Video presentation by Mr. Bharath Kumar, giving the message on harmful effects of tobacco.</p>	
Number of teachers	-
Number of students	1 Dr. Rishna K, Post Graduate

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ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Doralakatte
Mangalore- 575 018, Karnataka

Deputy Director
CENTRE FOR SUBSTANCE ABUSE PREVENTION
Deputy Director
Centre for Substance Abuse Prevention



CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 563

Report on awareness camp

Department	Centre for Substance Abuse Prevention
Collaborators	Uppinangady Government Primary School
Name of the program	Anti tobacco awareness program
Nature of the program	Awareness program
Theme of the program	Anti tobacco awareness
Date	25-02-2018
Venue	Uppinangady Government Primary School
No of delegates/ participants:	45 people
Chief guest/ Resource person	Dr. Sherin Mathew, Post Graduate, Department of Oral Pathology, YDC and Mr. Bharath Kumar YDC
Activities/ Event	<p>Centre for Substance Abuse Prevention Yenepoya University, has organized anti tobacco awareness program for the people of Uppinangady, on 25-02-2018. Around 45 people were participated in this program. Dr. Sherin Mathew, Post Graduate, Department of Oral Pathology, YDC and Mr. Bharath Kumar YDC, Were present during the program. Awareness program consisted of the following: Talk & Video presentation by Dr. Sherin Mathew and Mr. Bharath Kumar giving the message on harmful effects of tobacco.</p>
Number of teachers	-
Number of students	1 Dr. Sherin Mathew, Post Graduate
	

ATTACHED

Deputy Director
CENTRE FOR SUBSTANCE
ABUSE PREVENTION
Deputy Director
Centre for Substance Abuse Prevention

CENTRE FOR SUBSTANCE ABUSE PREVENTION

Reports 2017-18



2017-18 OR 564

Report on awareness camp

Department	Centre for Substance Abuse Prevention
Collaborators	Sharadha Vidyanikethana, Public School, Talapady
Name of the program	Anti Tobacco Awareness Programme
Nature of the program	Awareness program "International Day Against Drug Abuse"
Theme of the program	Anti-tobacco
Date	26-06-2018 (Tuesday) 10.00 A.M to 1.00 P.M.
Venue	Sharadha Vidyanikethana, Public School, Talapady
No of delegates/ participants	665 Primary and High School and PU students & 25 Teachers of Sharadha Vidyanikethana, Public School, Talapady
Chief guest/ Resource person	Dr. Maji Jose and Dr. Pallavi
Activities/ Event:	<p>Dr. Maji Jose, Deputy Director, Center for Substance Abuse Prevention and Professor and HOD Oral Pathology & Microbiology, Dr. Pallavi Sabarad, Senior Lecturer, Dr. Rekha Sasikumar, Dr. Chethana P and Dr. Venkatesan (post graduates) of Department of Oral Pathology & Microbiology, YDC participated in the program. Awareness program was conducted as three different sessions, and consisted of the following: Talk & Video presentation by Dr. Maji Jose and Dr. Pallavi giving the message on harmful effects of Drug followed by question & answer session and administering the anti-tobacco oath.</p>
Number of teachers	2 Dr. Maji Jose, Dr. Pallavi Sabarad
Number of students	3 Dr. Rekha Sasikumar, Dr. Chethana P and Dr. Venkatesan (post graduates)

8

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Devalakatte
Mangalore- 575 018, Karnataka

Deputy Director
CENTRE FOR SUBSTANCE
ABUSE PREVENTION
Maji Jose
Deputy Director
Centre for Substance Abuse Prevention

Report 2017-18 (OR)

**AWARENESS PROGRAM
IN COLLABORATION WITH
DEPARTMENT OF WOMEN AND CHILD DEVELOPMENT**

Date: 8.08.2017**Time:** 11:30am to 2.00pm**Venue:** Yenepoya medical college.**In charge:**

1. Dr. Poonam Naik, Deputy Director, RHCDC
2. Dr. Abhay Nirgude HOD of Community medicine.
3. Dr. Darshan Medical Officer RHCDC
4. Mohammad Guthigar HOD of MSW Department
5. Dr. Prakash Saldhana HOD of Pediatrics.

Other Members:

6. Dr. Mubeena Community Medicine PG
7. Ms. Prafulla, Staff Nurse
8. Mr. Muthalib, Pharmacist
9. Ms. Sweekritha MSW staff

Total number of students: 1**Total number of teachers:** 5**Beneficiaries:** Parents of children under 5 years of age, and Anganwadi teachers**Total No. of Beneficiaries:** 65**Summary:**

Health check up of under five years children of Anganwadi centres B Hobli Mangalore Taluk was conducted by Department of RHCDC in collaboration with Department of Women and Child Development, Child Development Project, Mangalore Rural and Department of Community Medicine and Department of Paediatrics at YMCH on 08.08.2017.

Health talk on "Breast Feeding" and "Uses of Ragi" was delivered by Dr. Mubeena, PG, Department of Community Medicine and Ms. Prafulla, Staff Nurse, Department of RHCDC.

Ragi and Jagerry was distributed these children. There were 65 children from various Anganwadi centres attending this health check up programme



ATTESTED

- Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

(Signature)
Deputy Director
RHCDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

**TB AWARENESS PROGRAM
IN COLLABORATION WITH
TB HOSPITAL MOODSHEDDE**

Date: 24.03.2018**Time:** 11:30am to 2.00pm**Venue:** Moodshedde, vamanjoor**In charge:**

1. Dr. Poonam Naik, Deputy Director, RHCDC
2. Dr. Darshan Medical Officer RHCDC

Other Members:

3. Mrs. Divya Jyothi, MSW staff
4. Mrs. Laveena, Staff Nurse
5. Mr. Gururaj, Attender

Total number of students: 0**Total number of teachers:** 2**Beneficiaries:** In patients of Government TB hospital**Total No. of Beneficiaries:** 40**Summary:**

Rural Health care and developmental centre Yenepoya deemed to be University Mangalore conducted an awareness programme for patients suffering from Tuberculosis at vamanjoor Govt hospital Moodshedde on 24-3-2018 on the account of "World TB Day". This programme was conducted under the leadership of Dr. Poonam Naik Deputy Director (RHCDC), Dr. Kishor Medical officer of the hospital welcome the gathering. Dr. Darshan Medical officer of the RHCDC deliver the health talk regarding the clinical signs and symptoms, treatment, importance of compliance to treatment and prevention of pulmonary TB.

On account of world TB day all the patients were given fruits and boiled eggs. Vote of thanks was delivered by Mrs Divya Jyothi MSW.



ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Doralskalte
Mangalore- 575 018, Karnataka

Deputy Director
RHCDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

**BETI BACHAO AWARENESS PROGRAM
IN COLLABORATION WITH
CHETHANAGAR ANGANWADI KUMPALA**

Date: 17.3.2018

Time: 10:30am to 11:30am

Venue: Chethanagar Anganwadi kumpala

Incharge: 1. Dr.Darshan Medical officer RHCDC

2.Mrs Cynthia Staff Nurse

3.Mrs. Sweekritha MSW staff

Total number of Teachers: 1

Total number of Beneficieries :30

Summary

Rural Health care and developmental centre Yenepoya deemed to be University Mangalore conducted an awareness programme for at chethanagar on 17-3-2018 on the account of "World TB Day". Dr.Darshan Medical officer of the RHCDC deliver the health talk regarding the clinical signs and symptoms, treatment, importance of compliance to treatment and prevention of pulmonary TB



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Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

Amr
Deputy Director
RHCDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

**AWARENESS PROGRAM
IN COLLABORATION WITH
KERALA TRDERS AND INDUSTRIALISTS COORDINATING COMMITTEE OFFICE**

Date: 13.03.2018

Time: 10.30 am to 11.30pm

Venue: Adachanana ,kerala

In-charge:

1. Dr.Afrin, Medical officer, RHCDC

Other members:

2. Mrs. Laveena,staff nurse
3. Ms.Prafulla, staff nurse
4. Mr.Muthalib ,Pharmacist

Total number of teachers: 1

Beneficiaries: SHG members

Total number of beneficiaries: 32

Topic:Awareness about Cervical cancer.

Summary: The burden of cervical cancer falls on the women who lack access to health. Advocating for cervical cancer awareness and prevention, screening for cervical cancer, survival rate, major risk factors, treatment and prognosis were explained.

4



ATTESTED
[Signature]

- Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

[Signature]
Deputy Director
RHCDC
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

IN COLLABORATION WITH
KOTEKAR PANCHAYATH

Date :8-3-2018

Venue:Kotekar Panchayath

In-charge:

1. Dr. afrin, Medical officer,

Other members:

2. Mrs.Divya Jyothi MSW Staff RHDC

Beneficiaries: Residents of SHG members

Total number of beneficiaries: 50

Number of teachers: 1

Summary:

Topic: International Womens Day

Talk was on General health conditions like hypertension and type 2 diabetes mellitus ,cholesterol.



5

ATTESTED

Dr.Gengadhara Somayaji K.S.
Registrar
Yenepoyal(Deemed to be University)
University Road, Deralakotta
Mangalore-575 013

Deputy Director
RHDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 013

Report 2017-18 (OR)

AWARENESS CAMP
IN COLLABORATION WITH
AKKAREKERE ANGANWADI CENTRE

Date: 05.03.2018 Time: 11.00 am to 12.00pm

Venue: Akkarekere anaganwadi

In-charge:

1. Dr. Afrin, Medical officer, RHCDC

Other members:

2. Mrs. Cynthia Staff nurse

Total number of teachers: 1

Beneficiaries: SHG members

Total number of beneficiaries: 35

Brief summary of the talk:

Topic: Early parenting

Talk was on Early parenting on account of international womens day at 11.00 am to 12.00noon. Importance of Early parenting and how roles, responsibility and relationship of parenting impact lives of children was highlighted.



6

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Deputy Director
RHCDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

**AWARENESS TALK
IN COLLABORATION WITH
St.ALOYSIOUS COLLEGE**

Date: 15.02. 2018 **Time:** 10.30 am to 11.00am

Venue: St.aloysious college ,mangalore

In-charge:

1. Dr.Darshan, Medical officer, RHCDC

Other members:

2. Mrs. Prafulla Staff nurse
3. Mrs.Divya Jyothi MSW Staff

Total number of teachers: 1

Beneficiaries: BCA students

Total number of beneficiaries: 250

Brief summary of the talk:

Topic: Drug Abuse and Alcoholism

Talk was on early drug abuse and alcoholism among students .these programs frequently include a component that makes students aware of prosmoking influences .Many college students struggle with addiction to drug and alcohol.It is important to determine what can be done to prevent addiction.

7



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Dr. Darshan
Deputy Director
RHCDC

Rural Health Care & Development
Yenepoya University
Mangalore-575 018

Report 2017-18 (OR)

**AWARENESS TALK ON YEN AROGYA CARD
COLLABORATION WITH AKKAREKERE ANGANWADI**

Date: 08.02.2018

Time: 10.30 am to 11.30am

Venue: Akkarekere Anganwadi

In-charge:

1. Dr. Afrin, Medical officer, RHCDC

Other members:

2. Mrs. Divya Jyothi, MSW staff

Total number of teachers: 1

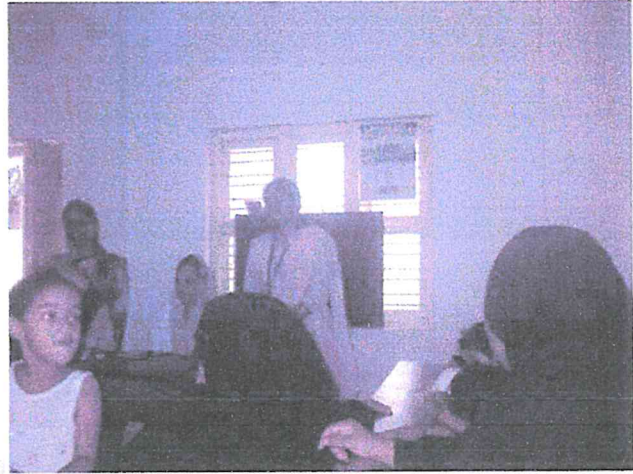
Beneficiaries: SHG members

Total number of beneficiaries: 30

Topic: Awareness about "Cervical cancer" and Information about "Yen Arogya Card".

Summary: The burden of cervical cancer falls on the women who lack access to health. Advocating for cervical cancer awareness and prevention, screening for cervical cancer, survival rate, major risk factors, treatment and prognosis were explained. Also the benefits availed from Yen arogya card.

8



ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

Deputy Director
RHCDC

Rural Health Care & Development

Yenepoya University
Mangalore-575 018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

HEALTH EDUCATION PROGRAMME ON HIV/AIDS AT NARAYANA GURU ITI
COLLEGE, KUDROLI, MANGALORE

Organized by: The Department of Community Medicine, Yenepoya Medical College, Mangalore and Narayana Guru ITI College

Date: 06/07/2017

Time: 10am to 11:30am

Venue: Narayana Guru ITI College

Resource persons: Dr Pracheth R- Assistant Professor, Department of Community Medicine

Postgraduate: 01

1. Dr Nischith K R, Department of Community Medicine
Yenepoya Medical College

Target audience: Students of Narayana Guru ITI College, Kudroli, Mangalore

Total number of audience: 80

Brief Summary: This programme was conducted as an outreach activity of UHC Bunder. Following topics were covered under the programme:

1. The importance of immunity in protection of the body.
2. Mode of transmission and symptoms of HIV
3. Difference between HIV and AIDS.
4. Prevention of HIV infection
5. Myths about AIDS
6. Risk behavior and treatment of HIV/AIDS
7. Safe Sexual behavior

The session was followed by an interactive session between students and resource persons.

The session concluded at 11:30am.

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
(Deemed to be University)
Yenepoya Medical College
University Road, Deralakatte
Mangalore- 575 018, Karnataka

[Signature]
Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALORE-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



**Health Education Programme on HIV/AIDS at Narayana Guru ITI College, Kudroli,
Mangalore**

ATTESTED

Dr. Gangadhara Somayaji K.S.

Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

**HEALTH EDUCATION ON PERSONAL HYGIENE, MALARIA AND DENGUE
DISEASE**

Organized by: Department of Community Medicine, Yenepoya Medical College and Kandathpalli Urdu School, Kudroli, Mangalore

Date: 07/07/2017

Time: 9:30am to 11:30am

Venue: Kandathpalli Urdu school, kudroli, Mangalore

Postgraduate: 01
1. Dr Habeena Shaira, PG 1st year, Department of Community Medicine

Assisted by: Mr. Balaji, Health Inspector and Ms. Ayeesha, Assistant Health Inspector and Mr. Vishnu Prasad and Mrs. Sujatha.K. MSW, Yenepoya Medical College, Mangalore

Target audience: Students studying from 1st to 7th Standard

Number of Beneficiaries: 47

Brief Summary:

The programme was initiated by a brief introduction to personal hygiene by Dr. Habeena Shaira. The session was kept interactive to hold the attention of the students. The students were explained about the method of hand washing followed by demonstration. The students were also educated about the significance of personal hygiene as a measure to prevent infections. A live demonstration was conducted by Dr. Habeena Shaira, in order to reinforce the learning. Health education on vector borne diseases like Malaria and Dengue was delivered. Vector involved, Risk factor, symptoms, signs, treatment and prevention of disease were discussed. The session concluded at 11:30am.



Health Education on Personal hygiene, Malaria and Dengue disease

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Mirza
Professor and Head
Community Medicine

H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALORE-575018

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

**HEALTH EDUCATION ON PERSONAL HYGIENE, MALARIA AND DENGUE
DISEASE AT GOVERNMENT PRIMARY SCHOOL, BASTIGARDEN**

Organized by: Department of Community Medicine, Yenepoya Medical College and Govt. Primary School, Basthigarden, Bunder

Date: 14/07/2017

Time: 10.30am

Venue: Govt. Primary School, Basthigarden, Bunder

Faculty In charge: Dr. Pracheth R, Assistant Professor, Department of Community Medicine

Post graduate: 01
1. Dr. Mubeena

Assisted by: Mrs. Sujatha, Mr. Vishnu Prasad- MSW and Health Inspector: Mr. Balaji

No. of beneficiaries: 15

Brief Summary:

Health talk was given by Dr. Mubeena, regarding Personal hygiene, Malaria and Dengue

Lessons learnt through health education programme:

- Importance of personal hygiene
- Steps of handwashing
- Malaria & Dengue: Causative & transmitting agent, clinical features, Methods of Prevention & Control



ATTESTED

(Signature)
**Professor and Head
Community Medicine**
H.O.D.
DEPT. OF COMMUNITY MED
YENEPOYA MEDICAL COL
DERALAKATTE, MANGALURU

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

SCHOOL HEALTH EDUCATION ACTIVITY AT GOVERNMENT PRIMARY
SCHOOL, RAJAGUDDE

Organized by: Department of Community Medicine and Govt Primary School Rajgudde

Date: 21/07/2017.

Venue: Govt Primary School Rajgudde

Postgraduates: 01
1. Dr. Ananta kumar

Faculty in charge: Dr. Akshaya KM, Associate Prof., Department of Community Medicine.

Target Beneficiaries: 149 students (class 1st-8th)

Brief description: Health education on personal hygiene and junk food was delivered to the students. They were taught regarding various hand washing techniques and the advantages of practicing them. Students were told how exactly diarrheal diseases are transmitted at individual level and community level and methods to prevent it. Students were given health education on housefly index, importance of housefly index in domestic environment, marketplaces and other commercial areas. Students were advised on the health issues related to various types of junk food and most importantly were given advice on avoidance of junk food.



School Health Education Activity

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Devalakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALORE-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

SCHOOL HEALTH EDUCATION ACTIVITY AT CENTRAL MUSLIM SCHOOL,
PAVOOR

Organized by: Department of Community Medicine, Yenepoya Medical College and Central Muslim School Pavoar

Date: 21/07/2017.

Venue: Central Muslim School Pavoar

Faculty in charge: Dr. Akshaya K M, Associate Prof., Department of Community Medicine.

Postgraduates: 01

1. Dr. Ananta kumar

Target Beneficiaries: Students (class 1st-7th)

No of Beneficiaries: 56

Brief description: Health education on personal hygiene and junk food was given to students. Student was taught regarding various techniques of hand washing and their advantages of practicing them. Students were given health education on housefly index, importance of housefly index in domestic environment, marketplaces and various commercial centres. Students were given advice regarding harmful effects of consuming junk food and most importantly avoidance of junk foods. Students were told about transmission of diarrheal diseases at individual level and community level and how to prevent it.



ATTESTED

- Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

**HEALTH EDUCATION PROGRAMME AT A.R.K. ENGLISH MEDIUM
SCHOOL, BENGERE**

Organized by: Department of Community Medicine, Yenepoya Medical College and
A.R.K. English Medium School, Bengere

Date: 22/07/2017

Time: 11.00 am

Venue: A.R.K. English Medium School, Bengere

Faculty In charge: Dr. Pracheth R, Assistant Professor, Department of Community
Medicine

Post graduate: 01
1. Dr. Sumit Audichya

Assisted by: MSW: Mr. Vishnu Prasad and

Health Inspector: Mr. Balaji

No. of beneficiaries: 242

Brief Summary:

Health education talk was delivered by Dr. Sumit, regarding Personal hygiene and Malaria.

Lessons learnt through health education programme:

- Importance of personal hygiene
- Steps of handwashing
- Malaria: Causative & transmitting agent, clinical features, Methods of Prevention & Control, Malaria charts have been shown.



Health Education Programme organized by the department of Community Medicine

ATTESTED
[Signature]

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

[Signature]
**Professor and Head
Community Medicine**
H.O.D.
DEPT. OF COMMUNITY MED
YENEPOYA MEDICAL COL
DERALAKATTE, MANGALURU

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**HEALTH EDUCATION PROGRAMME ON CONTROL OF VECTOR BORNE
DISEASES AT GOVERNMENT SCHOOL, BENGRE, MANGALORE**

Organized by:	Department of Community Medicine and Government School, Bengre Mangalore
Date:	04/08/2017
Time:	2 to 3:30pm
Venue:	Government School, Bengre
Postgraduates:	03
	1. Dr Nischith K R –Postgraduate, Department of Community Medicine Yenepoya Medical College
	2. 02 Interns
Target audience:	Students of Government School, Bengre Mangalore
Total number of audience:	80

This programme was conducted as a outreach activity of UHC Bunder.

Following topics were covered in the health education programme

1. Diseases caused by Mosquito
2. Symptoms, signs and complication of Vector borne diseases
3. Vector bionomics of mosquito
4. Prevention, treatment and control of Vector borne diseases
5. Role of School children in control of Vector borne diseases

Followed by interactive session between student and resource person. The session concluded at 3:30pm.

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Nischith K R
Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education Programme on Control of Vector borne diseases at Government School, Bengre

ATTESTED

[Signature]
Professor and Head
Community Medicine
H.O.D.
DEPT. OF COMMUNITY MED
YENEPOYA MEDICAL COL
MANGALURU-

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 016, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 580

HEALTH EDUCATION PROGRAMME ON CONTROL OF VECTOR
BORNE DISEASES AND SUBSTANCE ABUSE AT URDU GOVERNMENT
SCHOOL, BUNDER, MANGALORE

Organized by: Department of Community Medicine, Yenepoya Medical
College and Urdu Higher primary school, Bunder

Date: 07/08/2017

Time: 2:00 to 3:30pm

Venue: Urdu Higher primary school, Bunder

Faculty: Dr Pracheth R, Assistant Professor

Postgraduate: 01

1. Dr Nischith K R –Postgraduate, Department of
Community Medicine Yenepoya Medical
College

Target audience: Students of Urdu higher primary school Bunder, Mangalore

Total number of audience: 60

This programme was conducted as an outreach activity of UHC Bunder. In health
education we covered following things

1. Diseases caused by Mosquito
2. Symptoms, signs and complication of Vector borne diseases
3. Vector bionomics of mosquito
4. Prevention, treatment and control of Vector borne diseases
5. Role of School children in control of Vector borne diseases
6. Morbidity and Mortality- magnitude related to Substance abuse
7. How to come out of this substance abuse problem?
8. Two case studies on substance abuse

Followed by interaction between student and resource person. The session concluded at
3:30pm.

ATTESTED

Dr.Gangadhara Somayaji K.S.

Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education Programme on Control of Vector borne diseases and Substance Abuse at Urdu Government

CM 1718480R

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[Signature]

[Signature]
Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575 018

Dr. Gangadhara Samayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

HEALTH TALK ON DRUG ADDICTION AT BADRIYA HIGH SCHOOL, BUNDER

Organized by: Department of Community Medicine, Yenepoya Medical College and Badriya high school, Bunder, Mangalore

Date: 18/08/2017

Time: 2:30 to 3:30 pm

Venue: Badriya high school, Bunder Mangalore

Resource persons: Dr Pracheth R, Assistant Professor

Postgraduate: 01

1. Dr Kevin john

Assisted by: Mr Vishnu Prasad, Sujatha K

Target audience: Students studying from 6th to 10th std, Badriya high school, Bunder, Mangalore.

Total number of audience: 133. The programme was initiated by a brief introduction to various types of drug addiction by Dr. Pracheth R. The session was kept interactive to hold the attention of the students. The students were explained about the various side effects and long- term complications of smoking, alcohol and pan products. At the end of the session, students were asked to take pledge against the usage of cigarettes, alcohol, pan masala products and other drug addictions.



Health Talk On Drug Addiction

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[Signature]

[Signature]
**Professor and Head
Community Medicine .O.D.**

**DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018**

- **Dr Gangadhara Somayaji K.S.**
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 582

HEALTH EDUCATION PROGRAMME AND HEALTH CHECK UP AT
RESIDENTIAL SCHOOL, SURATHKAL

Organized by: Dept of Community Medicine, Department of Dermatology,
Rural Health Care and Development Centre, Yenepoya
University and KARA Seva®

Date: 30/08/2017

Venue: Residential School, Surathkal

Time: 10.30pm to 1.00pm

No. of students: 150 students

Faculty In charge: Dr. Abhay SN, Dr. Poonam Naik, Dr. Darshan

Post graduate: 03

1. Dr. Mubeena, PG

2. Dr.Rana(intern)

3. Aishwarya (intern)

Staff nurse: Ms. Prafulla

Health talk was given by Dr. Mubeena, regarding the following topic:


1. Scabies
2. Personal hygiene

Health check up camp was conducted by Dr.Rana, Dr.Darshan and Dr.Mubeena



Health education programme and health check up conducted by Dept of
Community Medicine in collaboration with Karaseva, Dept of Dermatology and
RHCCDC Dept.

ATTESTED


Professor and Head
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU 575 018

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

**HEALTH EDUCATION ON PERSONAL HYGIENE AND MALARIA AT GOVT.
HIGHER PRIMARY SCHOOL, NIRESHWALYA**

Organized by: Department of Community Medicine and Govt. Higher Primary School, Nireshwalya

Date: 06/09/2017

Venue: Govt. Higher Primary School, Nireshwalya

Faculty in charge: Dr. Pracheth R, Assistant Prof., Department of Community Medicine.

Postgraduate: 01
1. Dr. Pavithra H.

Other team members: Mr. Vishnu Prasad (MSW) and Mr. Balaji (Health Inspector)

Target audience: School children.

Number: 18.

Brief description:

A health education session on personal hygiene and malaria was delivered on 06/09/2017 at Govt Higher Primary school, Nireshwalya by Dr Pavithra H. The audiences were the school children. The topics covered were: importance of body hygiene, oral hygiene, hand washing, nail and foot care under personal hygiene and malaria signs and symptoms, spread of malaria, protection from mosquito bites, breeding habits of mosquito, anti adult and anti larval measures. Children responded well during the session and were very interactive. Session ended with a small quiz of the above said topics and every child was awarded with a small prize.



**Health Education on Personal Hygiene And Malaria
In Govt. Higher Primary School, Nireshwalya**

ATTESTED

[Signature]
Professor and Head
Community Medicine
O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKKITE, MANGALURU-575

Dr. Gangadhara Somavalli K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 010, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

CANCER AWARENESS PROGRAMME AT SDM COLLEGE, UJIRE

Organized by: Department of Community Medicine, Yenepoya Medical College and SDM School, Ujire

Date: 09/09/2017

Venue: SDM School, Ujire

Time: 10.30am to 1.00pm

No.of students/beneficiaries: 70 female students

Faculty In charge: Dr. Abhay S Nirgude, Dr. Ibrahim Nagnoor, Dr. Pracheth R

Post graduate: 01

1. Dr. Mubeena, PG

Brief Summary:

Health education on cervical and breast cancer was given as a part of Cancer awareness programme



Cancer Awareness Programme

ATTESTED

[Signature]

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

[Signature]
Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALORE-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

HEALTH EDUCATION PROGRAMME AND HEALTH CAMPN AT
GOVERNMENT SCHOOL NEWPADPU

Organized By: Department of Community Medicine and Govt. School, New Padpu
Date: 11/09/2017
Venue: Govt. School, New Padpu
Time: 10.30pm to 1.00pm
Faculty In charge: Dr. Akshaya KM, Associate Professor
Post graduate: 02
 1. Dr. Mubeena,
 2. Dr. Amir Hussein
MSW: Mrs. Shwetha
Number of students participated: 02 (PG)
Number of students: 86 students

Health talk was given by Dr.Mubeena, regarding the following topic:

- Personal hygiene
- Dengue
- Malaria
- Non-communicable disease

Health check up camp was conducted by Dr. Mubeena, Dr. Amir Hussein

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[Signature]
 Professor and Head
 Community Medicine
 DEPARTMENT OF COMMUNITY MEDICINE
 YENEPOYA MEDICAL COLLEGE
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YENEPOYA MEDICAL COLLEGE



Health Education Programme and Health Camp Organized By The Department Of Community Medicine

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Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU 575018

- Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**HEALTH EDUCATION PROGRAMME ON ENVIRONMENTAL HYGIENE &
PREVENTION OF VECTOR BORNE DISEASE AT NEWPADPU
GOVERNMENT SCHOOL**

Organized by:	Department of Community Medicine, Yenepoya Medical College and Newpadppu government school
Date:	12/09/2017
Time:	11 am to 2pm
Venue:	Newpadppu government school
Faculty in-charge:	Dr Akshaya KM, Associate Professor, Community Medicine department.
Postgraduates:	03 1. Dr Habeena Shaira, PG 2. Dr Kevin john, PG 3. Dr Numan (intern)
Assisted by:	Mrs Shwetha (MSW), Yenepoya Medical College, Mangalore
Target audience:	Students studying from 1st to 8 th std, Government Newpadpu school
Total number of audience:	97

Brief Summary:

The programme was initiated by a brief introduction to personal hygiene by Dr. Habeena Shaira. The importance of personal hygiene was mentioned. The session was kept interactive to hold the attention of the students. The students were explained about the method of hand washing followed by demonstration of the same. The students were also educated on the significance of personal hygiene on health as a measure to prevent infections. A live demonstration was conducted by Dr. Habeena Shaira, in order to reinforce the learning. Health education on vector borne diseases like Malaria and Dengue was delivered. This included vectors involved, risk factors, symptoms, signs, note on treatment and prevention of disease were discussed. Health checkup was done for 97 students. The most common health condition encountered in the camp was Fever, followed by upper respiratory tract infection and skin infections. Drugs like antibiotics, analgesics, antipyretics, ointments for skin infections were

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[Signature]
Professor and Head, H.O.D.
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

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dispensed to the beneficiaries.



Health Education Programme On Environmental Hygiene & Prevention of Vector Borne Disease

ATTENDED

[Signature]
Professor and Head
Community Medicine

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YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575016

**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

**HEALTH EDUCATION ON PERSONAL HYGIENE, DENGUE AND MALARIA
FEVER, PUBLIC PLACE SAFETY IN GOVT. HIGHER PRIMARY SCHOOL,
PANDESHWAR**

Organized by: Department of Community Medicine, Yenepoya Medical College and Govt. Higher Primary School, Pandeshwar

Date: 16/9/2017.

Venue: Govt. Higher Primary School, Pandeshwar.

Faculty in charge: Dr. Pracheth R, Assistant Prof., department of Community Medicine.

Postgraduate: 01
1. Dr. Pavithra H.

Supporting staff: Mr. Vishnu Prasad, Mrs. Sujatha (MSW) and Ms. Ayesha (Health Inspector)

Target audience: School children.

Number: 62.

Brief description: A health education session on personal hygiene, dengue and malaria fever and public place safety was delivered on 16/09/2017 at Govt Higher Primary school, Pandeshwar by Dr Pavithra H. The audience were the children attending the school. The topics covered were: importance of body hygiene, oral hygiene, hand washing, nail and foot care under personal hygiene and malaria and dengue fever signs and symptoms, protection from mosquito bites, breeding habits of mosquito, anti-adult and anti-larval measures, road safety and public place safety. Children responded well during the session and were very interactive. Session ended with a small quiz of the above said topics.



**Health Education on Personal Hygiene, Dengue and Malaria Fever,
Public Place Safety in Govt. Higher Primary School, Pandeshwar**

ATTESTED
[Signature]

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Prof. & H.O.D.
Department of Community Medicine
Yenepoya Medical College
Deralakatte, Mangaluru-57500

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YENEPOYA MEDICAL COLLEGE

**SWACHTHA HI SEVA SENSITIZATION PROGRAMME AT URDU HIGHER
PRIMARY SCHOOL AND ANGANWADI CENTRE, KUDROLI**

Organized by: Department of Community Medicine, Yenepoya Medical College and Urdu Higher Primary School, Kudroli

Venue: Urdu Higher Primary School and Anganawadi Centre, Kudroli

Date: 04/10/2017

Time: 10 am to 10.30 am

Faculty in-charge: Dr. Pracheth R, Assistant Professor In-Charge, Urban Health Centre, Bunder, Department of Community Medicine, Yenepoya Medical College

Medical Social Worker: Mr. Vishnu Prasad

Participants:

1. Anganawadi Worker and helper- Urdu Anganawadi , Kudroli
2. Staff and students of Urdu Higher Primary School, Kudroli


Total number of participants: 40

Brief summary of the programme: The headmaster of Urdu Higher Primary School, Kudroli, welcomed the gathering and explained about the significance of the Swachh Bharat Abhiyaan, after which Dr. Pracheth, delivered a talk in Kannada on the importance of Swachtha Hi Seva campaign. Topics like segregation of wastes, diseases associated with improper disposal of wastes and measures to be taken by every citizen of India to maintain cleanliness were the salient features of the sensitization programme. A sapling was planted in the premises of the school, as a mark of support to the Swachtha Hi Seva campaign.

ATTESTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Professor and Head
Community Medicine

Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

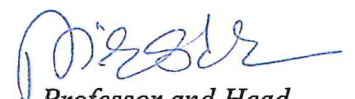
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YENEPOYA MEDICAL COLLEGE



Swachtha hi Seva Sensitization Programme at Urban Field Practice Area, Department of Community Medicine, Yenepoya Medical College

ATTESTED


Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Professor and Head
Community Medicine - D.

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575011

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**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

HEALTH EDUCATION PROGRAMME TIPPU SULTHAN HIGH SCHOOL, ULLAL

Organized by: Department of Community Medicine, Yenepoya Medical College and Tippu Sulthan High School, Ullal

Date: 17/10/2017

Time: 10.30am to 12.00pm

Venue: Tippu Sulthan High School, Ullal

Faculty In charge: Dr. Pracheth Assistant Professor

Post graduate: 01
1. Dr. Mubeena

No. of beneficiaries: 110

Brief description:

Health talk was delivered by Dr. Pracheth R & Dr. Mubeena on the occasion of parents' teachers meeting in Tippu Sulthan high school, Ullal. Total of 50 students, 50 parents, 10 school staff were benefited from the programme. Health education was given on issues like Drug addiction, types of abusable drugs & its ill effects and need for prevention.



ATTESTED

(Signature)

(Signature)
Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575 018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

HEALTH EDUCATION PROGRAMME AT VISHWAMANGALA SCHOOL, KONAJE

Organized by: Department of Community Medicine, Centre for Substance Abuse Prevention, Yenepoya University and Vishwamangala School, Konaje

Date: 10/11/2017

Time: 9.30am to 12.00pm

Venue: Vishwamangala School, Konaje

Faculty In charge: Dr. Vishnudas Prabhu., Deputy Director, Centre for substance abuse
Dr. Pracheth R., Assistant Professor, Dept of Community Medicine

Post graduate: 02

1. Dr. Mubeena, 2nd year Postgraduate, Dept of Community Medicine
2. Dr. Rekha, 2nd year Postgraduate, Dept of Oral Pathology

MSW: Ms Reshma

No. of beneficiaries: 250

Brief description:

Dr. Vishnudas Prabhu addressed the gathering regarding the topic chosen for the health education session. This was followed by Health education session delivered by Dr. Pracheth R, Dr. Mubeena and Dr. Rekha on "Drug and its effects on students life". Dr. Pracheth R spoke on drugs, its effects and how to prevent drug addiction

Dr. Mubeena spoke about different types of drugs and its ill effects

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Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALASKATTE, MANGALURU-575001

- Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralaskatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education Programme In Vishwamangala School



Health Education Programme In Vishwamangala School

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[Signature]
Professor and Head
Community Medicine
YENEPLOYA MEDICAL COLLEGE
MANGALORE-575 018

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

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**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

HEALTH EDUCATION PROGRAMME AT GOVERNMENT SCHOOL BENGRE

Organized by: Department of Community Medicine, Yenepoya Medical College and Govt. School, Bengre, Bunder

Date: 17/11/2017

Time: 10.30am to 12.00pm

Venue: Govt. School, Bengre

Faculty In charge: Dr. Pracheth

Postgraduate and Interns: 03

1. Dr. Mubeena
2. Dr. Hamna, (intern)
3. Dr. Shahana (intern)

Health inspector: Mr. Balaji

MSW: Mr. Vishnu Prasad

No of Beneficiaries: 140

Brief description:

Health talk was given by Dr. Mubeena on internet addiction, types, symptoms and its prevention. Total of 140 students attended the programme



Health Education Programme In Government School Bengre

ATTESTED

Dr. Gangadhara Somayaji K.S.

Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Pracheth
H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**HEALTH EDUCATION PROGRAMME AT BRIGHT ENGLISH MEDIUM SCHOOL
KUDROLI**

Organized by: The Department of Community Medicine, Yenepoya Medical College and Bright English Medium School, Kudroli

Date: 28/11/2017

Time: 11.00am to 12.00pm

Venue: Bright English Medium School, Kudroli

Faculty In charge: Dr. Pracheth R

Post graduate: 01

1. Dr. Mubeena

MSW: Mr. Vishnu Prasad, Mrs. Sujatha

Health inspector: Mr Balaji

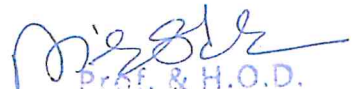
No. of beneficiaries: 240

Brief Description:

Dr. Mubeena delivered a health talk on personal hygiene, methods of hand washing and diseases that can be transmitted by bad hygiene. Total of 240 students were benefited from the programme

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Prof. & H.O.D.
Professor and Head
Community Medicine
DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

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YENEPOYA MEDICAL COLLEGE



Health Education Programme in Bright English Medium School Kudroli

ATTESTED

- Dr. Gangadhera Somayaji K.S.
Registrar
(Deemed to be University)
Yenepoya Road, Deralakatte
Mangalore- 575 018, Karnataka

Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575011

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 593

HEALTH EDUCATION AND HEALTH CAMP AT RAJAGUDDE
GOVERNMENT SCHOOL, HAREKALA

Organized by: Department of Community Medicine, Yenepoya Medical College and Rajagudde Government School, Harekala

Date: 14/12/2017

Time: 10:00am- 1:30pm

Venue: Rajagudde Government school, Harekala

Faculty in-charge: Dr Akshaya KM, Associate Professor, Department of Community Medicine

Postgraduate and Interns: 03
1. Dr Habeena Shaira
2. Dr Rebin, (intern)
3. Dr. Sethulekchmy (Intern)

Other team members: Mrs. Ranjitha, Health Inspector Department of Community Medicine

Beneficiaries: Children studying in 1st to 4th standard

Total number of beneficiaries of the camp: 52

Most common health condition: Fever and Upper respiratory tract infection

Total number of referrals to Yenepoya Medical College: 01

Health Education session on importance of personal hygiene was delivered. The session was kept interactive to hold the attention of the students. The students were explained about the methods of hand washing followed by demonstration of the same. The students were also educated on the significance of personal hygiene on health as a measure to prevent infections. A live demonstration was conducted by Dr. Habeena Shaira, in order to reinforce the learning. Health education on ill effects, risk factors and prevention of substance abuse was delivered and the session concluded at 11:30am.

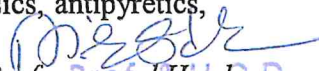
Following that a team comprising of three Doctors, one post graduate, two Interns, one Health Inspector conducted the health camp. The doctors examined and treated the beneficiaries. The most common health condition encountered in the camp was Fever, followed by upper respiratory tract infection and skin infections. Drugs like antibiotics, analgesics, antipyretics,

ATTESTED



Dr. Gangadhara Somavalli K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Professor and Head D.D.
Community Medicine
DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-5750

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YENEPOYA MEDICAL COLLEGE

ointments for skin infections were dispensed to the beneficiaries who needed the same. Beneficiaries, who needed referral, were given a referral slip and advised to take further treatment in the higher centre. The camp concluded at 1:00pm.



Health Education and Health camp at Rajagudde Government school, Harekala

ATTESTED
[Signature]

- Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte,
Mangalore-575 018, Karnataka

[Signature]
Professor and Head
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**SENSITIZATION PROGRAMME ON ADOLESCENT HEALTH AT BASEL
EDUCATION MISSION (BEM) HIGH SCHOOL, CAR STREET, MANGALORE**

Organized by: The Department of Community Medicine, Yenepoya Medical College and BEM High School, Car Street, Mangalore

Date: 22/12/2017

Time: 2.00 to 3.00 pm

Venue: BEM High School, Car Street, Mangalore

Resource person: Dr Pracheth R- Assistant Professor, Department of Community Medicine

Other team members: Mr. Vishnu Prasad, Medical Social Worker, Mr. Balaji Srinivas Moger, Health Inspector and

Intern: 01
1. Mr. Akshay Babu,(Medical Intern)

Target audience: Students aged 10 to 15 years of BEM High School

Total number of audience: 110

Brief summary: This programme was conducted as a part of the routine school health education programme conducted by the Urban Health Centre Bunder, Department of Community Medicine. The programme began with a welcome by the in-charge headmaster of the school. Later, Dr. Pracheth took over and explained about the meaning of adolescence. Adolescent health issues like nutritional problems, mental health issues, substance abuse and academic pressure were explained in detail using examples and illustrations. A role play was conducted by Dr. Pracheth and team about each topic, in order to reinforce the learning. Videos on important aspects of adolescent health were projected.

ATTESTED
be

Dr. Pracheth R.
Professor and Head
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575001

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

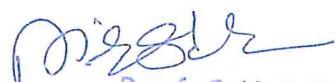


Sensitization programme on adolescent health at Basel Education Mission

CM 1/182/0K

ATTESTED


- Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 595

HEALTH EDUCATION AND ROLE PLAY ON PREVENTION OF DRUG
ADDICTION AT GOVERNMENT SCHOOL, RAJAGUDDE, HAREKALA

Organized by: Department of Community Medicine, Yenepoya Medical
College and Govt School, Rajagudde, Harekala

Date: 23/ 12/ 2017

Time: 10:30 am to 11 30 am

Venue: Govt School, Rajagudde, Harekala

Faculty in-charge: Dr Poonam N, Associate Professor, Department of
Community Medicine

Postgraduates: 01
1. Dr Kevin Antony John.

Other team members: 24 students
2nd year Students of Yenepoya Medical College attending
the family care programme, Ms Reshma acharya, MSW,
Department of Community Medicine.

Beneficiaries: Children studying in 1st – 8th standard

Total number of beneficiaries of: 82

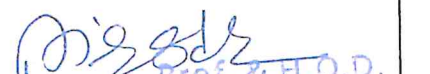
Topic of the role play: Drug addiction awareness

The programme was inaugurated by the headmistress of the school. Role play was conducted for awareness and prevention of drug addiction. The students of 2nd year mbbs posted in family care program performed the role play. The role play was conducted in Malayalam language.

The various types of drug addictions, the risk factors and complications associated with it were discussed. After role play, health education was given in both kannada and Malayalam language.

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Prof & H.O.D.
Professor and Head
Community Medicine
YENEPLOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-5

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education and Role play at Government school, Rajagudde, Harekala

ATTESTED
[Signature]

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

[Signature]
Professor and Head
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

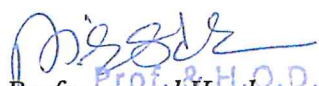
HEALTH EDUCATION AT GOVERNMENT HIGH SCHOOL, CAR STREET,
MANGALORE

Organized by:	Department of Community Medicine, Yenepoya Medical College and Government High School car street, Mangalore.
Date:	26/12/2017
Time:	1:30 pm - 2:30 pm
Venue:	Government High School car street, Mangalore.
Faculty in-charge:	Dr Pracheth R , Assistant Professor, Department of Community Medicine.
Postgraduates:	01 1. Dr Habeena Shaira.
Other team members:	Mr. Balaji, Health inspector and Mr. Vishnu Prasad, MSW, Department of Community Medicine.
Beneficiaries:	Children studying in 8th to 10th standard at Government High school, Car street, Mangalore.

Total number of beneficiaries: 50

Health education was imparted regarding HIV and AIDS- It's causes, risk factors, modes of spread, treatment and prevention. The session was kept interactive to hold the attention of the students. Introduction to HIV and AIDS was followed by students being explained about the mode of transmission in detail. The students were told about the stigma associated with the disease. A picture based presentation was made in order to reinforce the learning. Methods to prevent HIV and AIDS transmission were explained to the students. The session concluded at 2:30pm.

ATTESTED


 Professor and Head
 Community Medicine
 DEPT. OF COMMUNITY MEDICINE
 YENEPOYA MEDICAL COLLEGE
 DERALAKATTE, MANGALURU-5750

Dr. Gangadhar Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education at Government high school, Car street, Mangalore

ATTESTED

- Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575 018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**HEALTH EDUCATION ON JUNK FOOD AT THOTA BENGRE GOVERNMENT
HIGH SCHOOL, BENGRE**

Organized by: Department of Community Medicine, Yenepoya Medical College and Thota Bengre Government High School, Bengre

Date: 27/01/2018

Time: 10:45am- 12:00pm

Venue: Thota Bengre Government High School, Bengre

Faculty in-charge: Dr Pracheth R, Assistant Professor, Department of Community Medicine

Postgraduate and Interns: 02

1. Dr Habeena Shaira.
2. Dr Mukhthar (Intern)

Other team members: Mr. Vishnu Prasad (MSW) Department of Community Medicine.

Beneficiaries: Children studying in 8th and 9th standard at Thota Bengre Government High School, Bengre

Number of beneficiaries: 72

Topic: Nutrition and Health

Brief Summary:


The session was started by a brief introduction of the topic. Students were explained about junk food and its side effects. The students were also educated on Balanced diet and nutrition.

Health education on risk factors and prevention of nutrition related NCDs like Hypertension, Diabetes and Cancer was delivered. Health talk was conducted using powerpoint in order to reinforce the learning and the session was kept interactive to hold the attention of the students. The session concluded at 12:00pm.

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka


Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health Education at Thota Bengre Government High School, Bengre

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 598

PULSE POLIO MONITORING

Organised by: Department of Community Medicine,
Yenepoya Medical College and District
Health and Family Welfare Office,
Mangalore

Date: 28/01/2018

Venue: Anganwadis and schools of Bunder, Kudroli
and Bengre Mangalore.

Faculty in charge: Dr. Pracheth R, Assistant Prof, Department
of Community Medicine

Postgraduates: 02
1. Dr. Pavithra H
2. Dr. Sumit Audichya

Number of Anganwadis and schools visited: 5

Brief description: The monitoring of Pulse Polio Programme was done on 28/01/2018 in 5 anganwadis and schools of Bunder, Bengre and Kudroli areas of Mangalore. WHO supervisor's checklist was used for monitoring. The presence of staff, efficiency of the staff in maintaining cold chain, checking vaccine vial monitor before immunizing the child, marking the child after immunization etc were observed.



Pulse polio Monitoring

ATTESTED
[Signature]

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 010, Karnataka

[Signature]
Professor and Head
Community Medicine
DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU- 575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

PULSE POLIO MONITORING

Organised by: Department of Community Medicine, Yenepoya Medical College and District Health and Family Welfare Office, Mangalore

Date: 28/01/2018 and 30/1/2018

Venue: Raziya Health and Training centre, Anganwadi and subcentre, Harekala, Mangalore.

Faculty in charge: Dr. Akshaya K.M., Associate Professor, Department of Community Medicine.

Postgraduate and Interns: 06

1. Dr. Vishnu C.S., Postgraduate
2. Dr. Habeena Shaira, Postgraduate
3. Rafi, Intern
4. Mohammed Sadik, intern
5. Amina Mohammed Basheer
6. Salwan Sageer, intern

Number of Anganwadis and schools visited: 04

Brief description:

The Monitoring of Pulse Polio Programme was done on 28/01/2018 in 3 anganwadis and schools of Harekala. WHO supervisors' checklist was used for monitoring. The presence of staff, efficiency of the staff in maintaining cold chain, checking vaccine vial monitor before immunizing the child, marking the child after immunization etc were observed. House to house monitoring was done on 30/1/2018 by Dr. Habeena Shaira (1st year Post graduate), Dr. Rafi (intern), Miss. Ranjitha (Health Inspector) and Anganwadi worker. 5 children were immunised in Debbeli Anganawadi on 30/1/2018. No X houses were found in the field. Children were inspected for marking on the left little finger. No adverse effects were observed.

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

P. H. O. D.
Professor and Head
Department of Community Medicine
Yenepoya Medical College
Derlakatte, Mangaluru-57501

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Pulse polio Monitoring



Pulse polio Monitoring

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Prof. & H.O.D.
Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-5750

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**DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE**

HEALTH EDUCATION PROGRAMME ON MALARIA AND IMMUNIZATION

Organised by: Department of Community Medicine, Yenepoya Medical College and Gramachavadi Government School

Date: 02/02/2018

Topics covered: Malaria and Immunization

Faculty: Dr Pracheth R, Assistant Professor

**Postgraduate & students
Participated:**

29
Dr Habeena Shaira, PG
28 students

Venues:

1. Gramachavadi Government School
2. Gramachavadi Bus Stop
3. Deralakatte Bus Stop

Planning phase:


Batch was divided into groups, one group worked on malaria, while the other worked on immunization. Dr. Pracheth R, Assistant Professor and Dr. Habeena Shaira, Postgraduate explained about the principles of health education to students. After intense brainstorming it was decided to include a role play to arouse interest. Charts were prepared to display important information. The script was prepared in the local language covering important aspects of the topics along with a take home message. The contents were reviewed and necessary modifications were made.

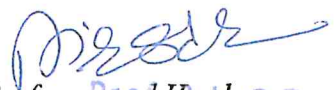
Target audience: School children & public

Number: 40

Session was started by a brief introduction of the purpose of the session. Students enacted a role play on malaria. The causative factors, clinical features and preventive measures were explained in detail. The

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Yenepoya
Mangalore- 575 016, Karnataka


Professor and Head, O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

audience were asked if they had any queries. A concluding message on prevention was given. The session was delivered in Kannada language, thereby appealing to the target audience.



Health education programme on Malaria and Immunization

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Prof. & H.O.D.
Professor and Head
DEPT. OF COMMUNITY MEDICINE
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-576

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 600B

Session 2:

Date: 02/02/2018
Venue: Gramachavadi and Deralakatte Bus Stop
Target audience: residents of the area
Number: 50

This session was delivered in two bus stops. Team introduced themselves to the audience. Initially, audience were asked what they knew about immunization and malaria, thereafter proceeding to the delivery of the session. Information pertaining to role of immunization in disease prevention among children was conveyed through a role-play. The national immunization schedule was explained in an understandable manner. Moreover, causative factors, clinical features and control of malaria was also explained through a role play. A take-home message was given. The session was delivered in local language.



Health education programme on Malaria and Immunization

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Professor and Head,
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 601

HEALTH EDUCATION ON DRUG ABUSE AND HEALTH CHECK-UP CAMP AT
GOVT. URDU SCHOOL, KANDATHPALLI, KUDROLI

Organised by : Department of Community Medicine, Yenepoya Medical College and Govt. Urdu School, Kandathpalli, Kudroli

Date: 24/02/2018.

Venue: Govt. Urdu School, Kandathpalli, Kudroli

Faculty in charge: Dr. Pracheth R, Assistant Prof., Department of Community Medicine.

Postgraduate and Interns: 04

1. Dr. Pavithra H.
2. Amina Mohammed, intern
3. Jency Justin, intern
4. Matneedi Lokesh, intern

Supporting staffs: Mr. Vishnu Prasad (MSW) and Mr. Balaji (Health Inspector)


Target audience: School children.

Number: 50.

Brief description: A health education session on drug abuse was delivered at Govt. Urdu School, Kandathpalli, Kudroli by Dr Pavithra H. and Mr. Balaji. The audience included children attending the school. The topics covered were: drug abuse and its consequences on health, education, economy of the family and social stigma. Children responded well during the session and were very interactive. Session ended with health check-up of the students. The children needing medication and referral were identified and were referred to UHC, Bunder.

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 018, Karnataka


Professor and Head
Community Medicine
Prof. & H.O.D.

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE



Health education on drug abuse and health check-up camp in Govt. Urdu



Health education on drug abuse and health check-up camp in Govt. Urdu

ATTESTED
[Signature]

[Signature]

Professor and Head
Community Medicine .D.

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575011

Dr.Gangadhar Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 602

HEALTH EDUCATION PROGRAM FOR PREGNANT MOTHERS AT SUPERSTAR
ANGANWADI, KASABA BENGRE

Organised by: Department of Community Medicine, Yenepoya Medical College and Superstar Anganwadi Kasaba Bengre

Date: 27/02/2018

Venue: Superstar Anganwadi Kasaba Bengre

Faculty in charge: Dr. Pracheth, Assistant Prof., Department of Community Medicine.

Postgraduate: 01

1. Dr. Sumit Audichya 1st year Post Graduate, Department of Community Medicine

Number of beneficiaries: 22

Brief Summary:


Health education program related to Antenatal care for pregnant woman was conducted at superstar anganwadi. Mrs. Sujatha (Medical social worker) explained what care should be taken during the pregnancy including the routine visits, diet and follow up.

Ms. Ayesha spoke about the facilities available in YMC Deralakatte and Yenepoya Urban health center.



Health Education Program For Pregnant Mothers At Superstar Anganwadi, Kasaba Bengre

ATTESTED


Professor and Head
Community Medicine

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

HEALTH EDUCATION ON PERSONAL & GENERAL HYGIENE AT RAJAGUDDE
GOVERNMENT SCHOOL, HAREKALA

Organized by: Department of Community Medicine, Yenepoya Medical College and Rajagudde Government School, Harekala

Date: 23/03/2018

Time: 10:45am- 12:00pm

Venue: Rajagudde Government school, Harekala

Faculty in-charge: Dr Akshaya KM Associate Professor, Community Medicine department.

Postgraduate and Interns: 02
1. Dr Habeena Shaira.
2. Dr Divya (Intern)

Other team members: Ms. Rajitha, Health inspector and Ms. Shwetha, MSW
Department of Community Medicine.

Beneficiaries: Children studying in 1st and 5th standard

Total number of beneficiaries: 72

Topic: Personal and general hygiene

Brief Summary:

The session started by a brief introduction. The students were explained about definition, need and attainment of personal and general hygiene. The students were explained regarding some of the diseases like scabies, parasitic infections and fungal infections which occur as a result of poor hygiene. The session was kept interactive to hold the attention of the students. Steps of hand washing were demonstrated and students were asked to demonstrate in the same order to reinforce the learning. The session concluded at 12:00pm.



Health Education at Rajagudde Government School, Harekala

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

**HEALTH EDUCATION ON MALARIA AND DENGUE TRANSMISSION,
COMMUNICABLE AND NON-COMMUNICABLE DISEASES FOR
CONSTRUCTION SITE WORKERS IN BUNDER**

Organized by: Department of Community Medicine, Yenepoya Medical College

Date: 06/04/2018

Venue: A construction site in Bunder.

Faculty in charge: Dr. Pracheth R, Assistant Prof., Department of Community Medicine.

Postgraduate and Interns: 03
1. Dr. Pavithra H.
2. Mohammed Asra M, intern
3. Niranjana Gopinathan, intern

Supporting staff: Mr. Vishnu Prasad (MSW) and Mr. Balaji (Health Inspector)

Target audience: Construction site workers.

Number: 10

Brief description: A health education session on was delivered on malaria and dengue transmission, communicable and non-communicable diseases to construction site workers on 06/04/2018 by Dr Pavithra H. The topics covered were communicable and non-communicable diseases- signs and symptoms, malaria signs and symptoms, spread of malaria, dengue signs and symptoms, protection from mosquito bites, breeding habits of mosquito, anti-adult and anti-larval measures. The construction site workers were interactive and were happy to gain knowledge regarding the above topics.



Health Education on Malaria and Dengue Transmission, Communicable and Non-Communicable Diseases to Construction Site Workers in Bunder

ATTESTED

[Signature]
Professor and Head
Community Medicine

Prof. & H.O.D.

BASELINE SURVEY FOR UNNATH BHARATH ABHIYAN

Organized by: Department of Community Medicine, Yenepoya
Medical College and District Administration, Dakshina
Kannada

Date: 21/05/2018 to 31/05/2018

Time: 9:00am - 2:00pm

Village: Harekala

Faculty in-charge: Dr Akshaya KM, Associate Professor, Community
Medicine department
10 Nursing Staff

Postgraduates: 132 students for 10 days
Dr Habeena Shaira, PG
Nursing students
Interns posted at RHTC and UHTC

Other team members: Mrs. Ranjitha, Health inspector, Department of
Community Medicine.

Beneficiaries: Residents of Harekala

Total number of beneficiaries: 850

Brief description:

Initially for 3 days survey was conducted by the nursing staff- 10 in number, nursing students around 90 in number. For the next 7 days survey was conducted by RHTC and UHTC interns. The session was started by brief introduction regarding Unnath Bharath Abhiyan method of conducting the survey. The survey included collecting information on the socio demographic profile, Family composition, details of identity card, migration status, Government schemes, Environmental history, Peridomestic history, Health needs, Felt needs and Major problems in the Village.



Baseline Survey for Unnath Bharath Abhiyan

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Professor and Head
Community Medicine,

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575 018

BASELINE SURVEY FOR UNNATH BHARATH ABHIYAN

Organized by: Department of Community Medicine, Yenepoya
Medical College and District administration, Dakshina
Kannada

Date: 21/05/2018 to 31/05/2018

Time: 9:00am - 2:00pm

Village: Pavor

Faculty in-charge: Dr Akshaya KM, Associate Professor, Dr. Santosh
KY, Assistant Professor, Community Medicine
department.

Postgraduates: 20 students per day for 05 days
1. Dr. Revathi T. M, PG
2. Dr. Dimple Ann Dias, PG
3. 10 Interns posted in UHC and RHTC
4. Dental Interns

Other team members: Mr. Vishnuprasad, MSW, Department of Community
Medicine

Beneficiaries: Residents of Pavor

Total number of beneficiaries: 600

Brief Summary:

In the initial 8 days, survey was conducted by the interns posted in Department of Community Medicine - 10 in number. For the next 3 days, survey was conducted by dental interns. The session was started by a brief introduction to filling of Unnath Bharath Abhiyan survey forms and the need for it. The survey included the socio demographic profile, Family composition, details of identity card, migration status, Government schemes, Environmental history, Peridomestic history, Health needs, Felt needs and Major problems in the Village.

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BASELINE SURVEY FOR UNNATH BHARATH ABHIYAN

Organized by: Department of Community Medicine, Yenepoya Medical College and District administration, Dakshina Kannada

Date: 21/05/2018 to 25/05/2018

Time: 9:00am – 12:00pm

Village: Kumpala, Someshwara Grampanchayat.

Faculty in-charge:

Day 1: Dr Imaad Ismail, Associate Professor, Dr Navya N, Assistant Professor Dept of Community.

Day 2: Dr Varun N, Assistant Professor, Dept of Community Medicine

Day 3: Dr Santosh K, Assistant Professor, Dept of Community Medicine

Day 4: Dr Imaad Ismail, Associate Professor, Dept of Community Medicine

Day 5: Dr Navya N, Assistant Professor, Dept of Community Medicine

Postgraduates & interns: 20 students per day for 05 days

1. Dr Pavithra H,PG
2. Dr Sumit Audichya, PG
3. BPT Students

Other team members: Field Staff from dept of RHDCDC.

Beneficiaries: Residents of Kumpala, Someshwara.

Total number of beneficiaries: 487

Brief Summary:

The survey was conducted on 5 days. The students posted in department of community medicine administered the questionnaire to the residents of Kumpala village. The session was started by brief introduction to Unnath Bharath Abhiyan and method of conducting the survey. The survey included the socio demographic profile, Family composition, details of identity card, migration status, Government schemes, Environmental history, Peridomestic history, Health needs, Felt needs and Major problems in the Village. The details were noted down after the consent from the family. The covered houses were marked "C", to ensure no confusion among covered and uncovered houses. Sessions were monitored by the faculty and PGs in charge.

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Prof. & H.O.D.
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

BASELINE SURVEY FOR UNNATH BHARATH ABHIYAN AT PAVOOR

Organized by: Department of Community Medicine, Yenepoya Medical College and District administration, Dakshina Kannada

Date: 21/05/2018 to 31/5/18

Time: 9:00am - 2:00pm

Village: Pavoor

Faculty in-charge: Dr Pracheth R, Assistant Professor, Community Medicine department

Postgraduate, interns & students: 30 students per day for 05days

1. Dr Kevin, PG
2. Dr Subhashree, PG
3. Interns posted in UHC and RHTC
4. BPT 3rd and final year students

Other team members: Mrs. Sujatha, MSW, Department of Community Medicine.

Beneficiaries: Residents of Pavoor

Total number of beneficiaries: 600


Brief Summary:

Survey was conducted by the team for a period of 7 days. Interns and BPT students were briefed about how to fill the questionnaire at the first day of survey in the department. The questionnaire were based on the socio-demographic aspects, the income of the family, the conditions of the housing, the method of waste disposal, Availability of electricity and water in the house, family composition, educational and job status. The questionnaire also included if the family is availing any pension services or if they are beneficiaries of health insurances or schemes and the questionnaire includes a part at the end to fill in the felt needs by the family and the appropriate ways suggested by the families to rectify the problems

ATTESTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575 016, Karnataka


Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575016

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

**HEALTH AWARENESS PROGRAMME ON WORLD NO TOBACCO DAY 2018 AT
DIYA SYSTEM IT COMPANY MARY HILL, MANGALORE**

Organized by: The Department of Community Medicine, Yenepoya Medical College and Diya System IT Company, Mary hill, Mangalore

Date: 31/05/18

Time: 12 to 12:30pm

Venue: Diya System IT Company, Mary hill, Mangalore.

Resource persons: Dr Santosh K Yatnatti and Dr Varun N- Assistant Professor, Department of Community Medicine

Postgraduates: 01
1. Dr Utsav R

Target audience: Employees of Diya System IT Company, Mary hill, Mangalore

Total number of audience: 40


Brief Summary: This programme was a Health awareness programme on occasion of World No Tobacco Day 2018 and the following topics were covered:

1. Introduction to Tobacco
2. Facts about Tobacco products
3. Types of Tobacco
4. Chemicals used in Tobacco
5. Risk factors associated with Tobacco consumption
6. Benefits of quitting smoking
7. Regulatory approach
8. Nicotine replacement therapy
9. World No Tobacco theme: "Tobacco breaks heart choose health, not tobacco"

The session was followed by "No Usage of tobacco products Pledge" wherein around 32 people signed the petition followed by an interactive session between students and resource persons. The session concluded at 12:30pm.

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar


Professor and Head
Community Medicine
DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-5750

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

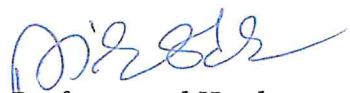


Health awareness Programme on World No Tobacco Day 2018 at Diya System IT Company.

CIM 1/1830K

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

UNNAT BHARAT ABHIYAN BASELINE SURVEY AT PAVOOR


Organized by:	Department of Community Medicine, Yenepoya Medical College and District Administration, Dakshina Kannada
Date:	01/6/2018- 02/6/2018 and 12/06/2018- 14/06/2018
Time:	9.00 am to 3.30 pm
Village:	Pavoor
Faculty-in-charge:	Dr Akshaya KM (Associate Professor) Dr Pracheth R (Assistant Professor) Dr Santhosh KY (Assistant Professor) - Department of Community Medicine
Postgraduates, interns and students:	30 students per day for 05 days 1. Dr Kevin Antony John, PG 2. Dr Revathi TM, PG 3. Dr Subhashree Nandy, PG 4. Dr Dimple Ann Dias 5. Medical and dental interns 6. MBBS and physiotherapy undergraduates posted in the department of community medicine.
Other team members:	MSW staff- Ms Reshma, Mrs Sujatha, Mr. Vishnuprasad, Mrs Ranjitha
Beneficiaries:	Residents of Pavoor(1440 houses under 6 wards)

Total number of beneficiaries: 778 houses

The houses were identified based on their House ID numbers and the covered houses were marked. The survey extended from 9am to 2 pm and the post lunch session was utilized for planning for the next day by identifying the missed out houses in a particular area and finding the areas of the village which are densely populated through the wards list, spot maps, google maps and effective communication with the Anganwadi and ASHA workers of Pavoor village. The questionnaire included aspects on health, sanitation, socioeconomic status and demography. At the end of each household survey brief awareness on remedial measures that could be taken to improve the conditions of the household was delivered.

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


Professor and Head
Community Medicine

DEPT. OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575018

DEPARTMENT OF COMMUNITY MEDICINE
YENEPOYA MEDICAL COLLEGE

2017-18 OR 611

HEALTH EDUCATION ON THE BENEFITS OF DEWORMING AND IRON
DEFICIENCY ANAEMIA AT NISHARA ENGLISH MEDIUM SCHOOL, HAREKALA

Organized by: Department of Community Medicine Yenepoya Medical College
and Nishara English Medium School, Harekala

Date: 11/2/ 2018

Time: 10:30 am to 11.00 am

Venue: Nishara English Medium school, Harekala

Faculty in-charge: Dr Akshaya K M, Associate Professor, Department of Community
Medicine.

Postgraduate and Interns: 02

1. Dr Kevin Antony John.
2. Dr Muhsina, Intern

Other team members: Ms Shwetha (MSW)

Beneficiaries: Teachers and high school students

Number of beneficiaries: 54


Brief Summary:

Health education was given on the topic "deworming" and the advantages of deworming were also discussed. Following this, health talk on the causation and various methods of prevention of Iron deficiency Anemia was also given to the students and teachers present in the audience. Total number of beneficiaries was 54 which included High school students and Teachers of the same school.



Health education on the benefits of Deworming and Health talk on the Topic

ATTESTED



Professor and Head
Community Medicine
YENEPOYA MEDICAL COLLEGE
DERALAKATTE, MANGALURU-575001

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF ONCOLOGY, YENEPOYA MEDICAL COLLEGE

2017-2018 Report

2017-18 OR 612

REPORT OF THE CANCER AWARENESS & SCREENING CAMP

1. **Place of camp:** Fathima Matha Church Bakkalam, Taliparamba, Kannur
2. **Date of camp:** 29-04-2018
3. **Organized by:** Kannur Association for Integrated Rural Organization and Support (KAيروس)
4. **Total number of patients screened:** 120

Sl. No	Department	No.of persons screened
01	Oncology	41
02	OBG	30
03	Dental	47

5. **Total number of patient referred for Investigation and management:** 19
7. **Pap smear:** 26
8. **Departure time from YMCH:** On 28-04-2018 1:00 Pm **Arrival Time:** on 29-04-2018 8.00Pm

NAME OF STAFF/PG INTERNS (2) ATTENDED

Sl. no	Name	Designation/Dept
1.	Dr. Ibrahim Nagnoor	Preventive Oncology
2.	Dr.Sindoori	PG-OBG
3.	Dr. Fathima	Intern-OBG
4.	Mr. Semeer	Marketing Assistant/Oncology
5.	Mrs.JolinNavisha	Staff nurse/nursing
6.	Mrs. Indira	FNO

1



Cancer awareness and screening camp at FathimaMatha Church Bakkalam, Taliparamba, Kannur, Kerala

Date: 01-05-2018

ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatta
Mangalore- 575 018, Karnataka

Department of Oncology
Yenepoya Medical College
Dr.Ibrahim Nagnoor
MBBS., MD (COM. MED)
Reg. No. 18316
Preventive Oncology
Yenepoya Medical College

DEPARTMENT OF ONCOLOGY, YENEPOYA MEDICAL COLLEGE

2017-2018 Report

CANCER AWARENESS CAMP

2017-18 OR 613

Date: 19-10-2017

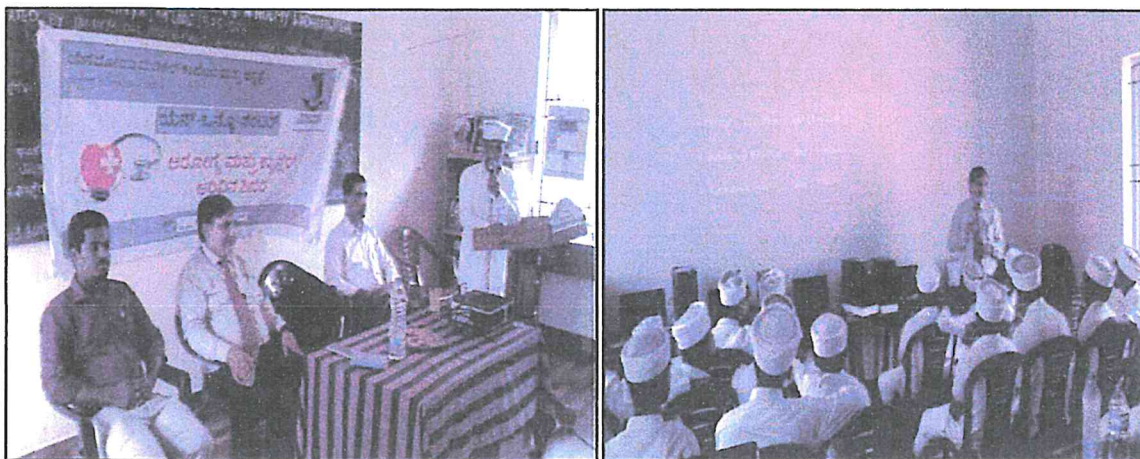
Organized by: Kaathibiyya Students Association Samshul Ulama Darussalam Academy
Wathitwaiba Kinya, Mangalore

Place: Wathitwaiba Campus Kinya

Incharge Doctor: Dr. Ibrahim Nagoor

Other staff: Mr. Semeer


Total number of beneficiaries: 30




Cancer awareness program at Wathitwaiba campus Kinya

Date: 20-10-2017

ATTESTED


Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Desmed to be University)
University Road, Gurciolotti
Mangalore- 575 018, Karnataka


Department of Oncology
Yenepoya Medical College
Dr. Ibrahim Nagoor
MBBS., MD (COM. MED)
Reg. No. 18316
Preventive Oncology
Yenepoya Medical College

DEPARTMENT OF ONCOLOGY, YENEPOYA MEDICAL COLLEGE

2017-2018 Report

2017-18 OR 614

CANCER AWARENESS PROGRAM

Date: 13-09-2017

Organized by: Nishara Degree College Harekala, Pavor, Mangalore

Place: Nishara Degree College Harekala

In charge Doctor: Dr. Ibrahim Nagoor

Other Staff: Mr. Semeer

Total number of beneficiaries: 75

Awareness talk was given regarding prevention of cancers, identification of early cancers.




Cancer awareness camp at Nishara Degree College Harekala, Mangalore

Date: 14-09-2017

3

 ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka


Department of Oncology
Yenepoya Medical College
Dr. Ibrahim Nagoor
MBBS., MD.(COM. MED)
Reg. No. 18316
Preventive Oncology
Yenepoya Medical College

World Breast Feeding Week observation

Sl.No	CONTENT	DETAILS	
1.	Title	World Breast Feeding Week observation	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Child health Nursing, Yenepoya Nursing College	
4.	Program schedule, Date and Time	04-08-2017, Yenepoya Medical College	
5.	Number of Participants break up	Teachers	4
		Students	15
		Beneficiaries	40
		Total	
6.	<p>Report: Department of Child Health nursing and department of OBG nursing organized health education program on breast feeding to nursing mothers in the postnatal wards of Yenepoya Medical College, hospital on 4th August 2017. Role play, skit and Health talk on exclusive breast feeding and its nutritional benefits to nursing and antenatal mothers was given by III B.Sc Nursing Students</p>		





L. V. V. V.
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

ATTESTED
ls

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

REPORT ON WALKATHON

Sl.No	CONTENT	DETAILS	
1.	Title	Green Walkathon	
2.	Theme /Scheme from the govt.	Observance of World Green Building Week	
3.	Organizing department/s and committees	Beary's Institute of Technology and Beary Environment Architecture Design school	
4.	Program schedule, Date and Time	24 th September 2017, Nehru Maidan	
5.	Number of Participants	Teachers	1
		Students	47
		Beneficiaries	1300
		Total	1348
6.	<p>Report: As a part of World Green Building Week, Beary's Institute of Technology and Beary Environment Architecture Design school was organized the "Green Walkathon" on 24th September 2017, Sunday. The Walkathon started from Nehru Maidan at 7.30am. We 4th year BSc nursing 47 students from Yenepoya Nursing College were participated. Total 1300 participants were participated in the noble initiative of 'Green Walkathon' to promote a Clean and Green City. The Walkathon concluded in Mangala Stadium at 9.30am.</p>		
			

[Signature]
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

ATTESTED

[Signature]
Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Sl.No	CONTENT	DETAILS	
1.	Title	Observance of World Alzheimer's Day: 2017	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Community Health Nursing along with NSS unit V of YU and IV B Sc Nursing students	
4.	Program schedule, Date and Time	07-10-2017, 10 am to 11.30 am	
5.	Number of Participants	Faculty	2
		Students	50
		Beneficiaries: Public	0
		Total	82
6.	<p>Report: The Department of Community Health Nursing along with the NSS unit V of YU and IV B Sc Nursing students observed the world Alzheimer's day by organizing a mass awareness program at Narlapadeel, Talapady community area on 7th October 2017 between 10am and 11.30am . Commencement of the program was done with the prayer evoked by IV B.Sc nursing students. Ms Monalisa welcomed the gathering. To create awareness of Alzheimer's diseases and its management, Ms Sonia and group enacted a role play. It was followed by a health teaching using attractive student prepared charts helped in reinforcement of the subject matter once again to have everlasting effect. The pamphlets on Alzheimer's disease & its management were handed over to the general public soon after this. The vote of thanks was proposed by Ms. Tiji. Two faculty, 50 students and 30 participants were benefited from the awareness program. Participants gave a positive response and appreciated the enthusiasm and efforts of the students and the initiation taken up by the teachers of Yenepoya Nursing College. The question & answer session was held at the end and distributed refreshment.</p>		



ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

A. V. M. G.
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT ON GROUP HEALTH EDUCATION

Sl.No	CONTENT	DETAILS	
1.	Title	Hypothyroidism	
2.	Theme /Scheme from the govt.	Free awareness program	
3.	Organizing department/s and committees	Department of Community Health Nursing, NSS unit V and IV B.Sc Nursing	
4.	Program schedule, Date and Time	11 th October 2017	
5.	Number of Participants	Faculty	2
		Students	50
		Beneficiaries: Public	16
		Total	68
6.	<p>Report: The Department of Community Health Nursing along with the NSS unit V of YU and IV year B.Sc Nursing students organized a Group Health Education on "Hypothyroidism" at Bajana Mandira, Talapady community area on 11th October 2017 between 10am and 11.30am. Commencement of the program was done with the prayer evoked by IV B.Sc nursing students. Ms. Melbi George welcomed the gathering. It was followed by a health teaching using attractive student prepared charts. The vote of thanks was proposed by Ms. Juicy Joy. Two faculty, 50 students and 16 public were benefited from the Health Education Program. Participants gave a positive response and appreciated the enthusiasm and efforts of the students as well as teachers of Yenepoya Nursing College. The question & answer session was held at the end and distributed refreshment</p>		



ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore - 575 018

A. V. Manjunath
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore - 575 018

REPORT ON OBSERVATION OF WORLD DIABETES DAY

Sl.No	CONTENT	DETAILS	
1.	Title	Observation of world Diabetes day	
2.	Theme /Scheme from the govt.	Women and diabetes: Our right to a healthy future	
3.	Organizing department/s and committees	Department of community health nursing and IV B Sc Nursing students Yenepoya nursing college	
4.	Program schedule, Date and Time	10am -11.30am, Krishna Nagara, Kumpala community area <ul style="list-style-type: none"> • Prayer • Welcome Speech • Role Play • Health Education • Question And Answer Session • Vote Of Thanks 	
5.	Speaker (if applicable)	Role play and awareness program by IV B Sc Nursing Students	
7.	Number of Participants break up	Teachers	3
		Students	31
		Beneficiaries	16
		Total	50
8.	Report: The Department of Community Health Nursing along with the NSS unit V of YU and IV B.Sc Nursing students observed the world Diabetes day by organizing a mass awareness program at Krishna Nagara, Kumpala community area on 13th November 2017 between 10am and 11.30am. Commencement of the program was done with the prayer evoked by IV B.Sc nursing students. Ms. Ayisha welcomed the gathering. To create awareness of Diabetes disease and its management, Ms. Anju Thomas and group enacted a role play. It was followed by a health teaching using attractive student prepared charts helped in reinforcement of the subject matter once again to have everlasting effect. The vote of thanks was proposed by Ms. Sreelakshmi. Around 16 participants were benefited from the awareness program. Participants gave a positive response and appreciated the enthusiasm and efforts of the students and the initiation taken up by the teachers of Yenepoya Nursing College. The question & answer session was held at the end and distributed refreshment.		



TESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

(Signature)
Principal / Dean
Yenepoya Nursing College
Derlakatte
Mangalore- 575 018

REPORT ON SCHOOL HEALTH PROGRAM

Sl.No	CON TENT	DETAIL S	
1.	Title	Teeth Hygiene	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Community Health Nursing, MSc and IV B.Sc nursing	
4.	Program schedule, Date and Time	16 th November 2017, Bovis English Medium school Uchila, Thalapady 9.45 to 1pm	
7.	Number of Participants	Teachers	6
		Faculty	2
		Students from Nursing College	47
		Students from Bovis English medium school Uchila, Thalapady	56
		Total	111
<p>Report: Department of Community Health, fourth year BSc and MSc nursing students of Yenepoya Nursing College organized school health program on “Teeth Hygiene” in Bovis English medium school Uchila, Thalapady from 9.45am to 1 pm on 16/11/2017. The program started with healthful school environment and health of the primary school (5th, 6th, and 7th standard) children’s were assessed using checklist followed by pre-test. The education on “Teeth Hygiene” started with welcoming mime performed by fourth year BSc additional batch students, Health song, skit performed by IV B.Sc regulars, PPT presentation and chart exhibited related to topic done by M.Sc nursing students followed by post- test. The main aspect was highlighted are Anatomy and physiology of teeth, problem associated with poor teeth hygiene, its management, brushing techniques, selection of brush etc. Six teacher, 2 faculty from YNC, 47 Nursing students and 56 students were attended the program. At the end of the program the question and answer session was conducted which has helped the participants clear their doubts. The vote of thanks and distributed refreshment.</p>			



REPORT ON NUTRITION DEMONSTRATION

Sl. No	CONTENT	DETAILS	
1.	Title	Nutrition Demonstration	
2.	Theme /Scheme from the govt.	DASH diet (Dietary Approach To Stop Hypertension)	
3.	Organizing department/s and committees	Department of community health Nursing	
4.	Program schedule, Date and Time	06/01/18 At 10 am to 12noon	
5.	Number of Participants break up	Teachers	2
		Students	33
		Beneficiaries	26
		Total	61
6.	<p>Report: The department of Community Health Nursing Yenepoya Deemed to be University organized a Nutrition Demonstration Program on 06/01/18 at K.C Road, KC Nagar community on DASH (Dietary Approach To Stop Hypertension) Diet between 9am to 12.30 pm with of 2ND YEAR PBBSC nursing students. The main objective of the program was to acquaint the students to gain necessary skills in demonstrating nutritional education to the public, and through this impart knowledge to the mothers of Under five children regarding the benefits of DASH Diet, It was attended by 2 faculties, 33 II year PBBSc nursing students and 26 public of KC Nagar community At the end the preparation the prepared food was served to the audience. The question answer session helped the public to clear their doubt. The program was appreciated by all. All together it gave a rich experience to the students to develop the skills towards imparting education with demonstration.</p>		



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 019, Karnataka

Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT OF NUTRITION DEMONSTRATION

SI. No	CONTENT	DETAILS	
1.	Title	Nutrition demonstration	
2.	Theme /Scheme from the govt.	Hyderabad Mix	
3.	Organizing department/s and committees	Department of community health nursing	
4.	Program schedule, Date and Time	05/01/18 At 10 am to 12.30 noon, K.C Road , Anganwadi	
5.	Number of Participants break up	Teachers	4
		Students	33
		Beneficiaries	25
		Others /faculty	2
		Total	64
6.	<p>Report: The department of Community Health Nursing Yenepoya Deemed to be University organized a Nutrition Demonstration Program on 05/01/18 at K.C Road, Anganwadi regarding HYDRABAD MIX between 9am to 12.30 pm with of 2ND YEAR PBBSC nursing students. The main objective of the program was to acquaint the students to gain necessary skills in demonstrating nutritional education to the public, and through this impart knowledge to the mothers of Fewer than five children regarding the benefits of Hyderabad mix. It was attended by 4 faculties, 1 Anganwadi teacher and 1 Anganwadi helper, 33 II year PBBSc nursing students and 25 publics of KC ROAD community. At the end the preparation the Hyderabad Leddu was served to the audience. The question answer session helped the public to clear their doubt. The program was appreciated by all. All together it gave an enrich experience to the students to develop the skills towards imparting education with demonstration.</p>		



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

(Signature)
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

GROUP HEALTH EDUCATION ON “THYROID DISEASES”, “SKIN DISEASES”, “ADOLESCENT HEALTH”, “DIABETES MELLITUS”, “INFANT CARE HEART ATTACK”

Sl.No	CONTENT	DETAILS	
1.	Title	Group Health education on “Thyroid diseases”, “Skin diseases”, “Adolescent health”, “Diabetes Mellitus”, “Infant care Heart attack”	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Community Health Nursing, Yenepoya Nursing College	
4.	Program schedule, Date and Time	15/01/2018, Bagambila 10am -12Pm	
5.	Number of Participants	Teachers	2
		Students	50
		Beneficiaries	32
		Total	82
6.	Report: Department of Community Health Nursing II B.Sc Student organized Group Health Education on “Thyroid diseases”, “Skin diseases”, “Adolescent health”, “Diabetes Mellitus”, “Infant care Heart attack” 15/01/2018 at Bagambila area between 10am -12N .Second year B.Sc Nursing students gave health education using models, charts and role play. The program was benefitted by 32 adult’s. Beneficiaries gave a positive feedback on the program. They also said that it was an informative program. The program was concluded at 12.15 pm after serving refreshment		



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 016, Karnataka

(Signature)
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT ON CERVICAL CANCER AWARENESS PROGRAM

Sl.No	CONTENT	DETAILS	
1.	Title	Extension activity report on cervical cancer awareness program	
2.	Theme /Scheme from the govt.	Free awareness program	
3.	Organizing departments and committees	Department of OBG Nursing	
4.	Program schedule, Date and Time	10.30 am- Welcoming and addressing the gathering by Ms. Vinitha, Lecturer, YNC followed by awareness talk by students. Venue: OBG OPD, YMCH, YU Date: 05/02/18 Time: 10.30 am- 11.30 am	
5.	Speaker (if applicable)	Awareness talk by Mrs. Sweety: 1 st MSc. (N)student with UG students	
6.	Number of Participants break up	Teachers	05
		Students	05
		Beneficiaries	35
		Total	45
	Report: Department of OBG Nursing observed National Cervical Cancer Awareness Month with the theme of "Prevention of cervical cancer" on 05.02.2018 in OBG OPD, Yenepoya Medical College Hospital by conducting a Health awareness program on cervical cancer. The program started at 10.30 a.m. with the health awareness program by the students of I year M.Sc. (N) Mrs. Sweaty & IV Year B. Sc Nursing (4 UG students). 35 women have attended the program. Five Faculties of YNC also have attended the program. The program ended by vote of thanks by Mrs. Janet Prima Miranda at 11.30 am.		



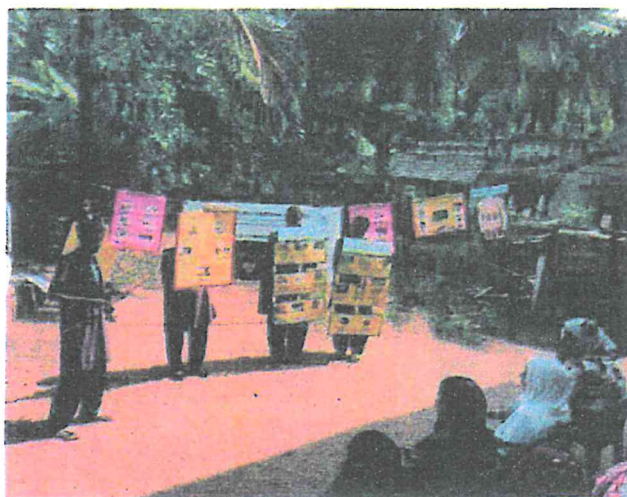
ATTESTED

(Signature)
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

(Signature)
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT ON GROUP HEALTH EDUCATION
“PREVENTION AND CONTROL OF DIABETES MELLITUS

Sl.NO	CONTENT	DETAILS	
1.	Title	Group health education	
2.	Theme /Scheme from the govt.	prevention and control of diabetes mellitus	
3.	Organizing department/s and committees	Department of community health nursing	
4.	Program schedule, Date and Time	14/2/18 10 am to 1 pm	
5.	Number of Participants break up	Teachers	1
		Students	33
		Beneficiaries	27
		Total	61
6.	<p>Report: Yenepoya deemed to be University, department of Community Health Nursing, organized a group health education on prevention and control of diabetes mellitus on 14/02/18 between 9am to 12.30 pm with PPBSc Nursing students. The main intention of the program to acquaint the students to gain necessary skill in planning and implementation of group health education to the public. It was witnessed by two faculties, 32 II year PBBS Nursing students and 27 public of K C ROAD community .At the end the group health education refreshment was served to the audience. The discussion session helped the audience to clear their doubts. The program was appreciated by all. All together it gave rich experience to the students to develop the knowledge and skills towards imparting health education to the community.</p>		



[Handwritten Signature]
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

ATTESTED

[Handwritten Signature]

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(D deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

REPORT ON HEALTH CAMP

Sl.No	CONTENT	DETAILS	
1.	Title	Health Camp	
2.	Theme /Scheme from the govt.	Free awareness program	
3.	Organizing department/s and committees	Department of Medical Surgical Nursing in collaboration with NSS nursing unit	
4.	Program schedule, Date and Time	07.02.2018, Olavinahalli Rehabilitation Center Kinya Health Camp: 9.00am to 4.00 pm	
5.	Number of Participants break up	Doctors	6
		Elderly people and workers in rehabilitation center	105
		Faculty	5
		Nursing students	12
		TOTAL	128

Report:

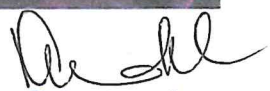
The department of Medical surgical Nursing in collaboration with NSS Unit of Yenepoya Nursing College organized a “Health Camp” at Olavinahalli Rehabilitation Center Kinya on 7th February 2018. The main objective of the camp was to assess an illness and to provide treatment to the elderly people free of cost. The health camp comprised of six doctors from medicine, orthopedic, gynecology, ENT/ophthalmology and psychiatric departments including five faculties from medical surgical department and also 2ND year and 3RD year B sc nursing students.

Altogether 105 among that 101 were elderly people and 4 co workers in rehabilitation center attended the camp. The camp area was sectioned into 5 units The camp was started at 10.30 am. Initially the elderly were asked to register their names in the registration counter followed by collecting the basic information about the elderly people such as name, age, etc followed by physical examination along with vital signs and blood pressure monitored. In additional general health check up, free blood sugar check up also done for needed. Doctors advised them various medicines and consultation to Yenepoya hospital for further treatment during the camp. The prescribed medicines were given to an elderly people free of cost.

Elderly people and sisters of charity reported that the program was very effective in screening various diseases and they were satisfied.



Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka


 Principal / Dean
 Yenepoya Nursing College
 Deralakatte
 Mangalore-575018

REPORT ON INSERVICE EDUCATION

Sl.No	CONTENT	DETAILS	
1.	Title	Report on in-service education	
2.	Theme /Scheme from the govt.	ADHD	
3.	Organizing department/s and committees	Department of community health nursing	
4.	Program schedule, Date and Time	12-2-2018 10.00am-12noon	
5.	Speaker (if applicable)	Ms.Sara PBBSC nursing student.	
6.	Number of Participants break up	Teachers	2
		Students	33
		Beneficiaries	8
		Total	43
7.	<p>Report: As a part of community health nursing practical experience, the 2nd PBBsc Nursing students of Yenepoya Nursing College organized an in - service education program to school teachers regarding ADHD [attention deficit hyper activity disorder] among school children on 12-02-2018 at 10.30 am, at Govt. higher primary school, Patna Mangalore. A total of 8 school teachers were attended the program .The pre-test was conducted and after the post —test the knowledge level of school teachers regarding ADHD was increased and found that the in-service education program was effective enough to create awareness. The program was appreciated by all the teachers and management. All together it gave an enriching experience to the students to develop the skills towards imparting education through teaching and to organize an ISE program.</p>		



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT ON MASS PSYCHOEDUCATION ON MANAGEMENT OF ECT

Sl.No	CONTENT	DETAILS	
1.	Title	Management of ECT	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Psychiatric Nursing	
4.	Program schedule, Date and Time	07-02-2018; 10 am	
5.	Number of Participants break up	Teachers	4
		Students	20
		Beneficiaries	30
		Total	54
6.	<p>Report: As a part of mental health awareness, the department of Mental Health Nursing, Yenepoya Nursing College conducted a psycho education in psychiatric ward of Yenepoya medical college hospital, Mangalore 07.02.2018 on the topic "MANAGEMENT OF ECT". The education was conducted with role plays, power point presentation and posters.</p> <p>The psycho education focused on types, benefits, pre ECT care, intra ECT care, post ECT care and follow up. IInd year P.B.BSc students actively involved in providing psycho education to the gathering.</p> <p>The Program benefited to around 30 people who had gathered for the program. 20 students from P.B.BSc (N) and 4 faculties actively participated in the program.</p> <p>Interaction and discussion about the topic made the program very informative and live.</p>		



 ATTESTED



Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore-575018, K.S.Kant

SCHOOL HEALTH PROGRAMME MASS HEALTH EDUCATION PROGRAMME

Sl.No	CONTENT	DETAILS	
1.	Title	School health program mass health education program	
2.	Theme /Scheme from the govt.	School health program and Mass health education program Personal hygiene, health hazards of junk food and teenage relationships.	
3.	Organizing department/s and committees	Department of community health Nursing	
4.	Program schedule, Date and Time	10/2/2018 10.00am to 1.30pm, Govt. higher primary school, Patna Mangalore	
7.	Number of Participants break up	School Teachers	2
		Students	33
		Beneficiaries	117
		Others	
		Faculty	2
		Total	155
<p>Report: As a part of community health nursing practical experience, the 2nd PBBsc Nursing students of Yenepoya Nursing College organized a school health program and mass health awareness program on 10-02-2018 at Govt. higher primary school, Patna Mangalore. The Program was inaugurated by school headmistress, SDMC Secretary and CRP Inspection officer at 10.15 am. Around 117 school children, 8 school teachers and 33 PBBsc nursing students with 2 YNC [CHN] faculties were participated. Activities conducted;</p> <ul style="list-style-type: none"> ○ Physical assessment, including anthropometric examination of 117 school children ○ Health education regarding the Personal hygiene, health hazards of junk food and teenage relationships. ○ Conducted health awareness program through an enlighten skit in Kannada about Personal hygiene, health hazards of junk food and teenage relationships. ○ Conducted cultural program and provided refreshments. 			



Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018


Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

**Yenepoya Nursing College
Reports 2017-18**

REPORT ON NUTRITION EXHIBITION PROGRAM

Sl.No	CONTENT	DETAILS	
1.	Title	Nutrition education and demonstration on DASH diet	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Community Health Nursing, IV year B.Sc Nursing students	
4.	Program schedule, Date and Time	11 th April 2018, 10am to 12.45pm	
5.	Number of Participants	Faculty	2
		Students	47
		Beneficiaries: Public	30
		Total	78
6.	<p>Report: The department of Community Health Nursing Yenepoya Deemed to be University organized a Nutrition Demonstration and education Program on 11 /04/2018 at Kinya area, regarding DASH Diet between 9 am to 12.30 pm with of IV year B.Sc nursing students. The main objective of the program was to acquaint the students to gain necessary skills in demonstrating and nutritional education to the public, and through this impart knowledge to the public regarding the benefits of DASH Diet. It was attended by 2 faculty, 47 IV year B.Sc nursing students and 30 publics of Kinya community. At the end the presentation served refreshment to the audience. The question answer session helped the public to clear their doubt.</p>		




 Principal / Dean
 Yenepoya Nursing College
 Deraiakatte
 Mangalore-575018


ATTESTED

Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deraiakatte
 Mangalore- 575 018, Karnataka

SWACHH BHARATH SUMMER INTERNSHIP PROGRAMME

Sl.No	CONTENT	DETAILS								
1.	Title	<i>Swacha Bharath</i> summer internship program								
2.	Theme /Scheme from the govt.	Free awareness Camp								
3.	Organizing department/s and committees	Yenepoya Nursing college with Community Medicine								
4.	Program schedule, Date and Time	12/06/2018, Kinya panchayath								
5.	Number of Participants	<table border="1"> <tr> <td>Teachers</td> <td>2</td> </tr> <tr> <td>Students</td> <td>18</td> </tr> <tr> <td>Beneficiaries</td> <td>60</td> </tr> <tr> <td>Total</td> <td></td> </tr> </table>	Teachers	2	Students	18	Beneficiaries	60	Total	
Teachers	2									
Students	18									
Beneficiaries	60									
Total										
6.	<p>Report: Awareness regarding the following topics were given</p> <ol style="list-style-type: none"> Cleanliness(household and community) Techniques and importance of hand washing Preventive measures on communicable diseases NIPAH virus safety and prevention Waste management <p>A total of 60 people benefited from the awareness program. People clarified lots of their doubts with the resource persons. On next day a role-play was demonstrated regarding communicable diseases, consequences and its prevention.</p> <p>The two group of students of YNC NSS unit – v started their Swachh Bharath Summer Internship camp 2018 at Kinya panchayath after discussion with panchayath president on 04/06/2018.</p>									

The two groups organized combined awareness campaign at Kinya panchayath hall on 12/06/2018.

The resource person

1. Dr Pracheth, Asst Professor, Community Medicine Dept. Yenepoya Medical College.
2. Dr Raghavendra U, Assoc Professor, Biochemistry Dept. Yenepoya Medical College

Awareness regarding the following topics were given

1. Cleanliness(household and community)
2. Techniques and importance of hand washing
3. Preventive measures on communicable diseases
4. NIPAH virus safety and prevention
5. Waste management


 Principal / Dean
 Yenepoya Nursing College
 Deralakatte
 Mangalore-575018

 ATTESTED

Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Deemed to be University)
 University Road, Deralakatte
 Mangalore- 575 018, Karnataka

A total of 60 people benefited from the awareness program. People clarified lots of their doubts with the resource persons.

On next day a role-play was demonstrated regarding communicable diseases, consequences and its prevention.

The two group of students of YNC NSS unit – V started their Swachh Bharath Summer Internship camp 2018 at Kinya Panchayath after discussion with Panchayath president on 04/06/2018.

Group - 1 had the door to door campaign for 6 days around the Kinya Panchayath to towards K C road covering about 150 houses and sensitizing 320 people.

Group – 2 had the door to door campaign for 6 days at Kinya panchayath from Natekal to towards K C road covering about 100 houses and sensitizing 360 people.

TEAM – 1	TEAM – 2
Mr. Christy babu Mr. Bibin philip Ms. Sinchana Ms. Irin saju Ms. Gopika babu Ms. Alphonsa thomas Ms. Daisy dsouza Mrs. Sweety dsouza Mr. Hashim s Ms. dalna saji	Mr. Kevin rodrigues Mr. Clinton kryston a Ms. Reveena rameeza Mr. Chandan kumar Mr. Jesteena scaria Ms. Saidama mujavar Ms. Archana s g Ms. Shalom Suresh



[Handwritten Signature]
 Principal / Dea
 Yenepoya Nursing C
 Deralakatte
 Mangalore - 5750

[Handwritten Signature]
 ATTESTED

Dr. Gangadhara Somayaji K.S.
 Registrar
 Yenepoya (Deemed to be University)
 University Road, Deralakatte
 Mangalore - 575 015, Karnataka

THE DOOR TO DOOR CAMPAIGN



THE AWARENESS CAMPAIGN



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte,
Mangalore- 575018

Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

STREET CLEANING

The street cleaning and waste segregation

The two groups combined together and as per the direction of panchayath vice president the first cross road from Natekal to k c road was chosen for street cleaning from 11/06/2018 to 24/06/2018.

Around 5 km were cleaned during these days and all the plastic wastes were separated and segregated for safe disposal and handed over to the panchayath authorities.

Benefits:

- Students could effectively mingle with village community
- Realized problems occurring in community with respect to cleanliness
- Proposed panchayath to organize health camp as per the request of the public.

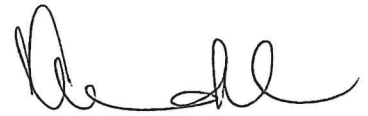
Difficulties encountered:

- Public is least aware of such initiatives
- Getting cooperation of public was a hectic task
- No community participation regarding cleaning and waste segregation
- Public were reluctant to adapt to the Swachh Bharath Abhiyan.
- Waste collected and segregated was not transported out immediately and 4 days delay happened from panchayath authorities due to manpower issues.

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 **ATTESTED**

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka



Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

REPORT ON SCHOOL HEALTH PROGRAM

Sl.No	CONTENT	DETAILS	
1.	Title	Personal Hygiene and Health Hazards of Junk food	
2.	Theme /Scheme from the govt.	Free awareness camp	
3.	Organizing department/s and committees	Department of Community Health Nursing IV B.Sc nursing	
4.	Program schedule, Date and Time	11 th April 2018 between 9.45am to 1 pm, Urdu Higher Primary Kannada Medium School at Bandar	
5.	Number of Participants	Teachers Government Urdu Higher Primary Kannada Medium School at Bandar	6
		Students of Nursing College, IV B. Sc Nursing	47
		Beneficiaries: School children	66
		Faculty from YNC	1
		Total	120
6.	<p>Report: Department of Community Health Nursing and fourth year B.Sc Nursing students of Yenepoya Nursing college organized School Health Program on “Personal Hygiene and health hazards of Jung Food” in Government Urdu Higher Primary Kannada Medium School at Bandar from 9.45am to 1 pm on 11/04/2017. Around 66 school children, 6 school teachers and 47 B.Sc (N) students and one YNC (CHN) faculty were present. The following activities were conducted to assess the health status of the children such as physical examination including anthropometric measurements, assessed healthful school environment using checklist. The program started with welcoming, Health song, Health education regarding personal hygiene and hazards of Jung foods by using students made charts and model in Kannada. The program was appreciated by all. At the end of the program the question and answer session was conducted to clear their doubts. The program concluded with vote of thanks and serving refreshment.</p>		



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**Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018**

ATTESTED
(Handwritten Signature)
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

REPORT ON GROUP HEALTH EDUCATION

Sl.No	CONTENT	DETAILS	
1.	Title	Obesity	
2.	Theme /Scheme from the govt.	Free awareness program	
3.	Organizing department/s and committees	Department of Community Health Nursing, VI year B.Sc nursing students	
4.	Program schedule, Date and Time	18 th November 2017	
5.	Number of Participants	Teachers	2
		Students	50
		Beneficiaries: Public	15
		Total	67
6.	<p>Reports: Department of Community Health and fourth year B.Sc nursing students of Yenepoya Nursing College organized group health education in Mitranagar, Kumpala community area. The Group health education was given for the need based group and program was conducted on 18 /11/ 2017 at 10.30 am to 11.30 am on Obesity. The Health education was given in the local language using AV Aids; 50 students, 2 faculty and around 15 public had attended the program. The main highlights of the program were risk factor, diet, prevention and management of Obesity. At the end of the program the question and answer session was conducted which has helped the participants clear their doubts on actual, potential problems and distributed with refreshment.</p>		


 Principal / Dean
 Yenepoya Nursing College
 Deralakatte
 Mangalore-575018

ATTESTED


Dr.Gangadhara Somayaji K.S.
 Registrar
 Yenepoya(Denimed to be University)
 University Road, Deralakatte
 Mangalore-575018

REPORT ON GROUP HEALTH EDUCATION

Sl.No	CONTENT	DETAILS	
1.	Title	Heart attack	
2.	Theme /Scheme from the govt.	Free awareness program	
3.	Organizing department/s and committees	Community Health Nursing	
4.	Program schedule, Date and Time	17/2/2018,	
5.	Speaker (if applicable)	IIYear B.Sc Nursing students	
6.	Number of Participants	Teachers	1
		Students	50
		Beneficiaries	30
		Total	81
7.	<p>Report: Department of Community Health Nursing II B.Sc Student organized Group Health Education on "Heart attack" 17/02/2018 at Kumpala area between 10am -12N .Second year B.Sc Nursing students gave health education using models, charts and role play. The program was benefitted by thirty adults. Beneficiaries gave a positive feedback on the program. They also said that it was an informative program. The program was concluded at 12.15 pm after serving refreshment.</p>		



ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

[Handwritten Signature]
Principal / Dean
Yenepoya Nursing College
Deralakatte
Mangalore-575018

Yenepoya Medical College
Department of Paediatrics
ORS Day

2017-18 OR 635

The world ORS Day was celebrated on 29th of July 2017 at paediatric OPD. Preparation of ORS was demonstrated by the PG's to the patients coming to OPD and they were also educated regarding the usage of ORS.

Total Number of Undergraduate Students participated : 11

Total Number of Postgraduate Students participated: 05

SL.NO	Name of the UG Students	Name of the PG Students
1.	Noodiya Abu V.T	Dr. Bhaskar Reddy
2.	Sanina Mansoor	Dr. Aril Bhatia
3.	Raeesa Abdul Rahoof	Dr. Rajeesha Pocker
4.	Atiq Qasim Harid	Dr. Ubaidur Rehman
5.	Ayishath Ramsheela	Dr. Manasa
6.	Deepankar R.D	
7.	Dennison Mathai	
8.	Ellysa Maizan	
9.	Evangline Cristy	
10.	Farisa A	
11.	Farhana Farook	

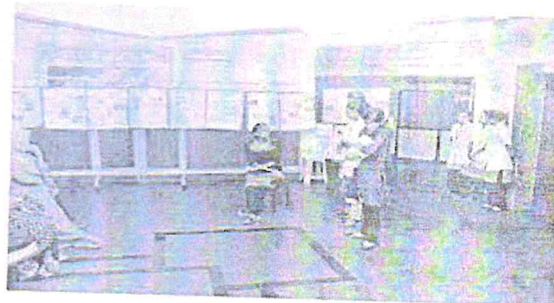

Professor and HOD
Department of Paediatrics
Yenepoya University, Mangalore


ATTESTED
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Observation of World Breast Feeding Week

Observation of World Breast Feeding Week was done by the Department of Paediatrics in association with Department of Community Medicine and Nursing College from 1st to 7th August 2017 at Yenepoya Medical College Hospital.

Various activities like Video demonstration & Talk for Nursing Mothers & Quiz for Mothers Interdepartmental Seminar by Community Medicine Department Talk for Non Teaching and Nursing Staffs, Role play regarding importance of Breast feeding and infant by Dept of Community Medicine were carried out during the week



Total Number of Undergraduate Students participated: 11

Total Number of Postgraduate Students participated: 08

SL.NO	Name of the UG Students	Name of the PG Students
1.	Atiq Qasim Harid	Dr. Manasa
2.	Ayishath Ramsheela	Dr. Rasheena Shamshu
3.	Deepankar R.D	Dr. Tejaswini
4.	Evangline Cristy	Dr. Keerthy Kurian
5.	Farisa A	Dr. Noor Fathima
6.	Farhana Farook	Dr. Aril Bhatia
7.	Farheen Fazal	Dr. Ubaidur Rehman
8.	Fasil Ibrahim	Dr. Ashritha
9.	Raisanas	
10.	Nazreen	
11.	Nithu Mary	

[Handwritten Signature]
Department of Paediatrics
Yenepoya University, Mangalore

ATTESTED
[Handwritten Signature]
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

**Yenepoya Medical College
Department of Paediatrics
Children's Day**


2017-18 OR 637

Children's Day celebrated on 14th November 2017 at 8th floor paediatric ward, YMCH. Various activities including games singing competition were conducted, followed by prize distribution.



Total Number of Undergraduate Students participated : 09
Total Number of Postgraduate Students participated: 09

SL.NO	Name of the UG Students	Name of the PG Students
1.	Hilfiqre	Dr. Ubaidur Rehman
2.	Mohammed Anfal	Dr. Rasheena Shamshu
3.	Mohammed Fasil	Dr. Radhika
4.	Mohammed Rafi	Dr. Aril Bhatia
5.	Nafila	Dr. Rajeesha Pocker
6.	Rahana Raj	Dr. Keerthy Kurian
7.	Faris Mohammed	Dr. Tejaswini
8.	Fathima Jumna	Dr. Noor Fathima
9.	Fathima Kareem	Dr. Manasa


Department of Paediatrics
Yenepoya University, Mangalore

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Derlakatte
Mangalore- 575 018, Karnataka

DEPARTMENT OF OPHTHALMOLOGY
Report of the Eye Donation Fortnight - 2017

2017-18 OUT 638

The 32nd National Eye Donation Fortnight is observed from 25th August to 8th September 2017.

During Fortnight Eye Donation Video contest has been conducted for UG & PG students. 2013 IR, 2014 Regular batch, 2014 IR batch MBBS and 2013 batch Interns participated in this Video Contest. Top 3 videos were given cash prizes and certificates which were distributed during Scientific society meeting. The videos were shared on social media to provide information and awareness for public.

MBBS students participated: 2013 IR and 2014 R & IR

2013 IR	2014 R & IR
Durga Gopika Priya Alisha Deepika	Abhilash Aditya Mali Abhishek Puneeth Saini K.S Manjinath Darshan Thrilok Rishad Ali K Nishath Shaik Kiran Gowda Tubah Iqbal Basavaraj K.C Anusha Sathish Vishnu Abhishek Kiran Shankar Setu lakshmi Firoz Babu Sonu Ramadan

Intern participated: 2013 Regular batch

Dr. Sithara

Postgraduates participated: 2015, 2016 and 2017 batch

2015 batch postgraduates	2016 batch postgraduates	2017 batch postgraduates
Dr. Rajarathna Hegde	Dr. Aiman Ahmed Khan	Dr. Aditi Vidha
Dr. Tariq Ahmed	Dr. Surya Pavithran	Dr. Shama Sharief
Dr. Parvezalam Tank	Dr. Alapati Naga Ysaswini	Dr. Chaithanya Singh B
Dr. Sithara Sara Oomman	Dr. Parveen Fatima	Dr. Abhilasha Charugundla

Vidya Hegde
Dr. Vidya Hegde
Professor & Head
Department of Ophthalmology
YENEPOYA MEDICAL COLLEGE
Nityananda Nagar Post
Deralakatte, Mangalore-575018

ATTESTED

[Signature]
Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Family Adoption Scheme

July-2017 to June-2018

Family Adoption Programme for 2014 MBBS students and BDS students at Kalkatta

Organized by: Rural Health Care and Development Centre, Yenepoya University

Place: Kalkatta

Date: 05.10.2017, 08.10.2017, 15.10.2017, 22.10.2017 and 29.10.2017 (Total 5 batches)

In charge: Dr. Poonam Naik, Deputy Director, RHCDC

Other Staffs:

Dr. Navya – Asst. Professor

Dr. Rasheed- medical Officer, RHCDC

Total number of students- 140 (2015 MBBS students) + 8(Post Graduates)

Total number of teachers- 3

Total number of houses: 75



Brief Summary: A cluster of students (MBBS and BDS students) visited the families adopted by them and conducted various assessment like understanding family composition, type of family, antenatal and postnatal visits by pregnant women, vaccination status of children, assessing surrounding environment of the house, measures taken to control vectors, method of waste disposal, Source of water supply, mode of sullage and type of household latrine and bathroom, health seeking behaviour, oral and personal hygiene practices, major morbidity in family like diabetes, hypertension, tuberculosis, understanding needs and health and diseases influencing factors in the family. Students made their allotted families understand the correct way of practicing to improve and promote the above mentioned factors. This programme will develop trust worthy and long- lasting relationship with the families and students which will facilitate health seeking behaviour and promote health and prevent diseases. The students will develop better communication and social skills for family oriented health care training and adopting that particular family.

ATTESTED

Dr. Gangadhara Somayaji K.S.

Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka

Deputy Director
RHCDC

Rural Health Care and Development Centre, Yenepoya University
Mangalore - 575 018

Rural Health Care and Development Centre, Yenepoya University

Family Adoption Scheme

July-2017 to June-2018

Family Adoption Programme for 2017 MBBS and 2017 BDS students at Santosh Nagar

Organized by: Rural Health Care and Development Centre, Yenepoya University

Place: Santosh Nagar

Date: 18.05.2018 and 01.06.2018 (Total 3 batches)

In charge: Dr. Darshan, Medical Officer, RHCDC

Other Staffs:

Dr. Pracheth R.- Asst. Professor

Dr. Santosh- Asst. Professor

Dr. Navya – Asst. Professor

Dr. Raif Abbas- Medical Officer

Total number of students- 255 (2017 MBBS and 2017 BDS students) + 6 (Post Graduates)

Total number of teachers- 5

Total number of houses: 45



Brief Summary: A cluster of students (MBBS and BDS students) visited the families adopted by them and conducted various assessment like understanding family composition, type of family, antenatal and postnatal visits by pregnant women, vaccination status of children, assessing surrounding environment of the house, measures taken to control vectors, method of waste disposal, Source of water supply, mode of sullage and type of household latrine and bathroom, health seeking behaviour, oral and personal hygiene practices, major morbidity in family like diabetes, hypertension, tuberculosis, understanding needs and health and diseases influencing factors in the family. Students made their allotted families understand the correct way of practicing to improve and promote the above mentioned factors. This programme will develop trust worthy and long- lasting relationship with the families and students which will facilitate health seeking behaviour and promote health and prevent diseases. The students will develop better communication and social skills for family oriented health care training and adopting that particular family.

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya Deemed to be University,
University Road, Deralakatte

Deputy Director
RHCDC

Rural Health Care and Development Centre

Rural Health Care and Development Centre, Yenepoya University

Family Adoption Scheme

July-2017 to June-2018

Family Adoption Programme for 2015 MBBS and 2013 BDS students at Chethan Nagar

Organized by: Rural Health Care and Development Centre, Yenepoya University

Place: Chethan Nagar

Date: 04.05.2018, 11.05.2018 and 18.05.2018 (Total 5 batches)

In charge: Dr. Poonam Naik, Deputy Director, RHCDC

Other Staffs:

Dr. Afrin, Medical Officer, RHCDC

Dr. Imaad Mohd. Ismail- Associate Professor

Dr. Varun, Asst. Professor

Dr. Madhavi Bhargav, Asst. Professor

Total number of students- 229 (2015 MBBS and 2013 BDS students) + 9 (Post Graduates)

Total number of teachers- 5

Total number of houses: 75



Brief Summary: A cluster of students (MBBS and BDS students) visited the families adopted by them and conducted various assessment like understanding family composition, type of family, antenatal and postnatal visits by pregnant women, vaccination status of children, assessing surrounding environment of the house, measures taken to control vectors, method of waste disposal, Source of water supply, mode of sullage and type of household latrine and bathroom, health seeking behaviour, oral and personal hygiene practices, major morbidity in family like diabetes, hypertension, tuberculosis, understanding needs and health and diseases influencing factors in the family. Students made their allotted families understand the correct way of practicing to improve and promote the above mentioned factors. This programme will develop trust worthy and long- lasting relationship with the families and students which will facilitate health seeking behaviour and promote health and prevent diseases. The students will develop better communication and social skills for family oriented health care training and adopting that particular family.

ATTESTED

Dr. Gangadhara Somayaji K.S.
Registrar

Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore, Karnataka
Rural Health Care and Development Centre, Yenepoya University


Deputy Director
RHCDC

Family Adoption Scheme

July-2017 to June-2018

Family Adoption Programme for 2016 MBBS and 2014 BDS students at Chethan Nagar

Organized by: Rural Health Care and Development Centre, Yenepoya University

Place: Chethan Nagar

Date: 09.03.2018, 06.04.2018 & 13.04.2018 (Total 5 batches)

In charge: Dr. Poonam Naik, Deputy Director, RHCDC

Other Staffs:

Dr. Navya, Assistant Professor

Dr. Santosh, Asst. Professor

Dr. Madhavi Bhargav, Asst. Professor

Dr. Varun, Asst. Professor

Dr. Sanketh, Medical Officer

Dr. Darshan, Medical Officer, RHCDC

Dr. Afreen, Medical Officer

Dr. Darshan, Medical Officer

Total number of students- 141 (2016 MBBS and 2014 BDS students) + 15 (Post Graduates)

Total number of teachers- 9

Total number of houses: 75



Brief Summary: A cluster of students (MBBS and BDS students) visited the families adopted by them and conducted various assessment like understanding family composition, type of family, antenatal and postnatal visits by pregnant women, vaccination status of children, assessing surrounding environment of the house, measures taken to control vectors, method of waste disposal, Source of water supply, mode of sullage and type of household latrine and bathroom, health seeking behaviour, oral and personal hygiene practices, major morbidity in family like diabetes, hypertension, tuberculosis, understanding needs and health and diseases influencing factors in the family. Students made their allotted families understand the correct way of practicing to improve and promote the above mentioned factors. This programme will develop trust worthy and long- lasting relationship with the families and students which will facilitate health seeking behaviour and promote health and prevent diseases. The students will develop better communication and social skills for family oriented health care training and adopting that particular family.

Deputy Director
RHCDC

ATTESTED